

PRESTON PARISH PAPER

Village Activities & News | St Mary's Church | Local Clubs & Events

Dates for your diary

Harvest Service & Supper

Sunday 9th 6pm & 7.15pm
Other church service details
inside the paper

Film Night* Monday 10
October 7.30 Preston Hall

Swyft Singers Concert Friday
4th November 7.30pm
St Mary's Church

Whist Drive* Monday 14th
November Village Hall

Christkindlmarkt Saturday
19th November 10-4pm
Preston Manor Barn courtesy
of Tim & Anne Coxon

*Preston & District Ladies Club

FESTIVE CELEBRATIONS

**WEDNESDAY 30th NOVEMBER-
FRIDAY 23rd DECEMBER,
SPECIAL OFFER:**

Book your Christmas party with
us for six or more people for
lunch or dinner.

Book before the end of
October and receive a
complimentary round of
Prosecco on arrival. Simply call
us today and quote

"PPN"01787 247 440 or
email: [reservations@thesixbells
preston.com](mailto:reservations@thesixbellspreston.com)



The Village Hall BBQ

The Annual Village Hall BBQ with music and dancing, courtesy of our old favourite the one man band that is Paul Cage, went ahead on Saturday 20th August despite a lousy weather forecast. Held in the Village Hall garden with canvas cover for the intermittent rain and gales, the villagers' bull dog spirit was very much in evidence. As ever Mervyn Cochrane performed the duties of Master of Ceremonies with his usual aplomb as can be seen in the photograph above. Much fun was had by all those who attended; the sounds of great jollity were carried across the surrounding fields. More details on p6.



**Well done & many congratulations to all those
successful young people in the village who did so well
in their public exams this summer.**

OCTOBER & NOVEMBER 2016

WHO'S WHO IN THE VILLAGE

Parish Council

CHAIRMAN	Kerrie McGrory	montyone1@hotmail.com
CLERK	Sylvia Watson	prestonpcclerk@gmail.com

Parochial Church Council

RECTOR	Rev'd Stephen Earl	247244	earls2222@btinternet.com
CHURCHWARDENS	Janet Martin	249020	janet.martin@btconnect.com
	Keith Davis	247112	keithhdavis@btinternet.com

Friends of Preston St Mary Church

CHAIRMAN	Janet Martin	as above
SECRETARY	Laura Ashford	247069 laursash1@yahoo.co.uk

Village Hall

CHAIRMAN	Annie Mason	247100	ranniemason@btinternet.com
SEC./BOOKINGS	Sue Diggins	247810	sdiggins2rda-east.org.uk

Art Group

Monday mornings, 3 terms of 12 weeks

NEW MEMBERS	Jim Wilkins	248233	jimwilkins97@aol.com
-------------	-------------	--------	----------------------

Ladies Group

Informal gatherings arranged for most months of the year, usually on Mondays

CO-ORDINATOR	Anne Springall	247156	annespringall@gmail.com
--------------	----------------	--------	-------------------------

Book Club

CO-ORDINATOR	Caroline Gove	247786	thosegoves@aol.com
--------------	---------------	--------	--------------------

Table Tennis

Thursday evenings at 7.30 in the Village Hall

CO-ORDINATOR	Dave Williams	williams.jackdaws@btinternet.com
--------------	---------------	----------------------------------

The Six Bells Pub

HEAD CHEF	John Tremayne	247440	reservations@thesixbellspreston.com
-----------	---------------	--------	-------------------------------------

Neighbourhood Watch

Sue Cawston	247189	kishcash@tiscali.co.uk
Mervyn Cochrane	247810	

Preston St Mary Parish Paper

News of events & village life, distributed free to every household, bi-monthly

EDITOR	Caroline Gove	247786	pstmppaper@gmail.com
--------	---------------	--------	----------------------

Doctors' Surgeries

Bildeston	01449-740254	Lavenham	378226
-----------	--------------	----------	--------

Local Councillors

Suffolk County Council	Jenny Antill (Con)	378310	jenny.antill@suffolk.gov.uk or jennyantill@antill.com
------------------------	--------------------	--------	---

Babergh District Council	Clive Arthey (Ind)	211316	clive.urthery@babergh.gov.uk or clive.lindsey@tiscali.co.uk
--------------------------	--------------------	--------	---

Community Liaison Officer	Cally Boardman	cally.boardman@suffolk.gov.uk
---------------------------	----------------	-------------------------------

THE FRIENDS OF THE CHURCH OF PRESTON ST. MARY
18TH ANNUAL

Christkindmarkt Christmas Market



**FREE
ON-SITE
PARKING**

PRESTON MANOR BARN

PRESTON ST. MARY, CO10 9LU

BY KIND PERMISSION OF TIM AND ANNE COXON

**TRADITIONAL STALLS WITH
'GISELA GRAHAM' DESIGNER
CHRISTMAS DECORATIONS AT SALE PRICES**

**GIFTS * CAKES * JAMS * PRODUCE
COFFEE * TEAS * RAFFLE * REFRESHMENTS
GLÜHWEIN IN TRADITIONAL MUGS**

SATURDAY 19 NOVEMBER 2016

10 AM - 4 PM ADMISSION £3*

£150 CASH PRIZE DRAW

ADMISSION BY LUCKY NUMBERED PROGRAMME*

ALL PROCEEDS GO TO MAINTAIN THE CHURCH FABRIC REGISTERED CHARITY NO. 1070593

OCTOBER & NOVEMBER 2016

“Wot Larks”

On Saturday 3rd September an audience of about 70 people in the Church of Preston St Mary waited to be entertained by the voices of four singers from the English National Opera. They were not disappointed.

They were enthralled by a varied programme of favourites from Gilbert and Sullivan, well known musicals and operatic arias.

Our own, Lyn Davis, from Whelp Street had persuaded three colleagues to sing with her for the Friends of Preston St Mary Church, as one of their fund raising events, in aid of the fabric of the building.

What ensued was an evening of great delight, fun and amusement as well as lovely music.

Highlights for me which were very funny were: a performance by Mitch Mitchel of ‘I’ve just been to a Marvellous Party’ by Noel Coward, Judy dressed as a mermaid, a la Dame Clara Butt, singing one of Elgar’s Sea Songs and Lyn singing Musetta’s aria from Puccini’s ‘La Boheme’ where she flirted outrageously with all the men in the audience, with great aplomb. Malcom’s rendition of Nessun Dorma from Puccini’s ‘Turandot’ wowed the audience at the end of the first half while a very touching duet from the musical Chess, ‘I know him so well’ was performed by Lyn and Judy.

All four singers came together at the finale and an encore was demanded by the audience, not wanting the evening to end so they sang Ivor Novello’s hit 1945 song ‘We’ll Gather Lilacs in the Spring’.

Our heartfelt thanks to Lyn and her group who, we hope very much, will come back soon and entertain us again.

Janet Martin.

The Swyft Singers

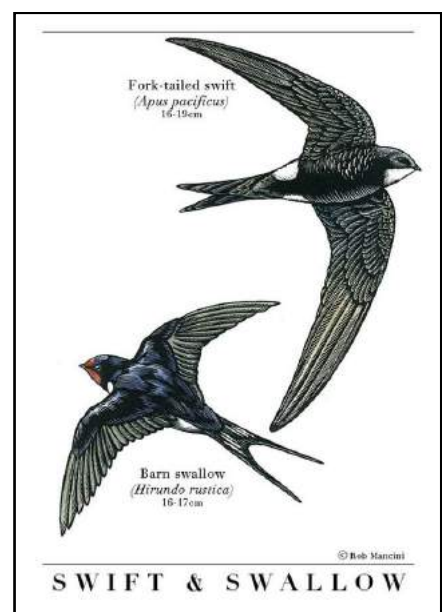
Concert

Preston St Mary Church

**Friday November 4th
7.30 pm**

A small group of singers newly brought together
by Glynis Huggett
will perform a variety of mostly unaccompanied
music.

Retiring collection for Church funds



OCTOBER & NOVEMBER 2016

Ordinand on Placement **Introducing Mrs Lynda Sebbage**

Once again Lavenham & Preston St Mary churches have been asked to be training ground, this time for a priest-to-be, and what a privilege this is! Whilst we were sad to say goodbye to Mark earlier in the summer we now gladly receive Lynda Sebbage, who has served as a Reader at St Gregory's, Sudbury. (A Reader, as Pete Postle, is a lay minister and not ordained.)

Lynda is married to Peter and they now live in Sudbury having had roots in this area for many years. Lynda has just begun a 10-month condensed non-residential training course for Ordination (scheduled for the last Saturday in June next year) and alongside her academic studies, is on placement in this benefice. She won't have anything like the number of hours to devote here as Mark who was a full-time Curate, but it's an honour and delight that she is keen to be with us at this important stage of her vocational training.

Lynda and Peter will be well-known to several here already, having lived for 5 years just beyond the parish boundary on the way to Long Melford and being members of our Wednesday weekly home-group. Lynda says:

"I am really excited at the prospect of joining the parishes of Lavenham and Preston St Mary. It will feel like 'coming home' as I already know so many people having lived in Bridge Street Road for a few years. I am very much looking forward to meeting both familiar and new faces, also to working and worshipping in this special place. I would like to take this opportunity to thank Stephen most sincerely for taking me on as a 'trainee'!"

Please hold Lynda, and Peter, in your prayers over the months ahead, and beyond that as Lynda will then begin a parish curacy. For now, by virtue of having undertaken other ministerial studies fairly recently, Lynda will be cramming her new studies (which for others lasts 2-3 years) into less than one year! I'm sure you will join me in offering our warmest welcome and in giving every possible support.

Stephen (Rector)

News, photos, announcements, letters, comments and community events or information, please send to the editor by 1st November for the December/January edition:

Caroline Gove [**pstmppaper@gmail.com**](mailto:pstmppaper@gmail.com)

Please use this email address if you would prefer to receive your PPP in electronic form.

Village Hall

REPORT ON BBQ AND MUSIC EVENING 20th AUGUST 2016

The committee, with some help from friends, started their preparation well in advance and erected three marquees the week before during the hottest days of the year. Dave Williams and Mervyn Cochrane installed the lighting and electrics and Keith Springall and Dudley Mason joined them, setting up the BBQ and (ex-Gurkha) field kitchen. Thankfully the marquees survived the intervening storms - largely due to Mervyn's 'expert' bowline knots and Dave's outsized tent pegs!

The day itself was no less windy and, in spite of two or three 'spits' of rain, the weather-Gods were largely kind.

The event was very well attended, with around 60+ Preston folk who enjoyed the excellent food and live music provided by the ever popular Paul Cage whose performance encouraged many onto the dance floor with his lively rendition of 1960's-80's music.

Special thanks must go out Keith Springall's grandsons for their impromptu assistance with the cooking, and also to 12 year old Gilbert Keitley-Webb for his help with the entire washing up!

The BBQ is always a popular event in our calendar and we hope that Paul can be persuaded to join us again next year.



Preparing a veritable Babette's Feast - never an easy task with asbestos gloves - is Keith Springall (*left*)

Photographs of people dancing have been omitted in respect to all those concerned.

Village Hall

HARVEST SUPPER: SUNDAY 9TH OCTOBER

This year's Harvest Supper will again be held in the Village Hall after the congregation have made their way there from the Church Service. The service starts at 6pm, so the supper is likely to start between 7.15 & 7.30pm. Further information, including contact details, appears elsewhere in this issue. Do come – we always have a most enjoyable and informal gathering!



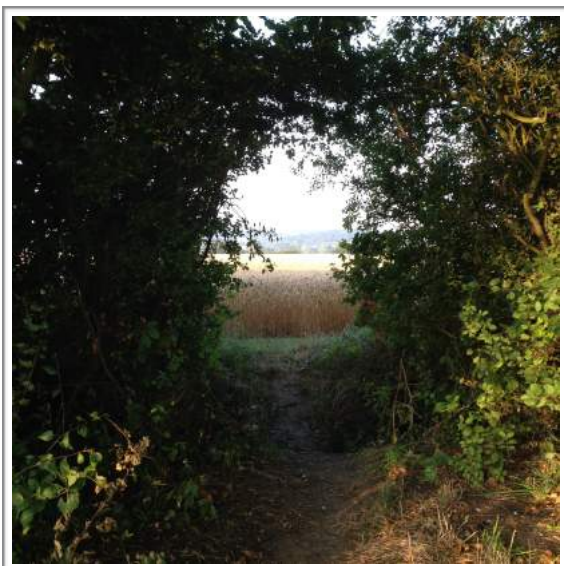
100 CLUB

The first two draws of the year have been made, alas just too late for inclusion in the previous issue of the Parish Paper. The remaining two draws will be made at the end of the year. Congratulations to the following winners:

DRAW 1:	1 st Ruth Page	2 nd Laura Ashford	3 rd Jack Tasker
DRAW 2:	1 st Mike Taggart	2 nd : Poppy Martin (c/o Janet)	3 rd Megan Haslen

DATE FOR YOUR DIARY: 10th DECEMBER 2016 Christmas Themed Quiz
in your Village Hall. Wine & refreshments. Looking forward to seeing you all there with your thinking caps on!

ANNIE MASON	Chairman	01787 247100
SUE DIGGINS	Secretary	01787 247810
KEITH DAVIS	Treasurer	01787 247112



Captured on a late September afternoon, do you know where this photograph was taken? Clue: It is on a designated Public Footpath within Preston St Mary and looks north...

Anyone for Short Mat Bowls?



You may have noticed a couple of rolled-up carpets in our village hall. It so happens that my brother plays short mat bowls at a club in Billericay and since they were buying new mats they offered these, and a couple of related items, to Preston St. Mary, for a small donation. I understand they play Carpet Bowls in Lavenham Village Hall, well Short Mat Bowls is very similar but is played on a longer mat than carpet bowls, (really it is!) and the game is said to be more akin to lawn bowls. It can be played competitively or for fun. I priced up new top-notch equipment for play on one of the mats and this came to just under a hefty £500, however I'm told one can buy used equipment at a fraction of the price...BUT, it's no use following this up and, perhaps pursuing a grant towards equipment, if it's not going to be used. If you think you might be interested please give me a ring on **01787 248446**. I know nothing about bowling except what I have gleaned from my brother and sister-in-law but it seems an enjoyable way to pass an afternoon or evening, especially during the winter, in addition to getting some gentle exercise. I have a copy of the official Rule Book if you would like more information on the game and how to play.



...AND FOR ALL AGES

Jacquie Williams

PRESTON ST MARY & DISTRICT LADIES CLUB

Meetings usually held on 2nd Monday in every month at 7.30 pm in the Village Hall - unless stated otherwise.

Upcoming meetings and Programme from September 2016

Sept 12th HATS AND THEIR HISTORY. CLARE LOCK will illustrate her talk by bringing along samples of her work and the materials and wood blocks that she uses in her millinery workshop. There will not be sufficient time during the evening to allow an in-depth demonstration of hat making, but Clare will demonstrate each stage of the various processes involved in making the perfect hat. I am sure Members will find the whole process very interesting and Clare will welcome questions.

Oct 10th FILM NIGHT - hosted by JANET MARTIN at Preston Hall. This meeting is usually very well attended and I am sure that Members will be looking forward to it.

Nov 14th WHIST DRIVE. We will try to recreate the Whist Drives that used to be held in the Village Hall many, many years ago. They were a very popular pastime in the 1950's, and perhaps we can find out why.

December CHRISTMAS MEAL -venue and date to be advised

2017 SEEMS A LONG WAY OFF BUT HERE ARE THE PROJECTED DATES FOR MEETINGS DURING 2017

JANUARY	NO MEETING	AUGUST	14TH - usually Garden Meeting
FEBRUARY	13TH	SEPTEMBER	11TH
MARCH	13TH	OCTOBER	9TH
APRIL	10TH	NOVEMBER	13TH
MAY	8TH	DECEMBER	- CHRISTMAS MEAL - date & venue to be advised
JUNE	12TH		
JULY	10TH		

Report on Previous Meetings

July 11th TRAVELLING IN SUFFOLK Robyn Lloyd-Hughes talk kept us enthralled all evening. The depth, breadth and scope, which included geology, geography, and history - without referring to notes, was really impressive. Robyn began his talk with Neanderthal man who could only travel only as far as his legs could carry him and how the last Ice Age affected the Suffolk landscape laying down different deposits of white and red clay in particular areas. The slow progress towards further travel by man really began with horses as pack animals, ending ultimately in the modern systems of transport such as buses, coaches, boats, railways and planes that we now take so much for granted. Robyn illustrated his talk with drawings, maps and photos which he showed by means of a large TV via his laptop. My short synopsis of Robyn's talk hardly does him justice and our members are hopeful that we will be able to invite Robyn to talk again during 2017.

Aug 8th SUMMER GARDEN PARTY - Hosted by SALLY TAGGART at The Rowens.

Sally made us all very welcome with a wonderful spread of nibbles and tasty bites - and the Prosecco flowed. The weather was kind, but not so kind that we could spend the whole evening in the garden. Sally's beautiful garden was shown off to advantage in all its summer glory, as we walked around spotting clues pinned to the shrubs for a quiz that Sally had prepared. Unfortunately, it was not possible to play croquet as we had hoped, because of failing light and a slight chill in the air. However, we were very comfortable sitting in the garden room eating, drinking and chatting. Sally had another quick quiz prepared for us, which was very entertaining, and I am glad to say not too difficult. Before we realised it the had evening sped by and and it was time to go. Thank you so much, Sally, for inviting us to your garden and for your very kind hospitality.

Dear All,

You will all no doubt have heard or seen in the news, the catastrophic earthquake in Italy. Mike Porter (ex resident of Barn Lane) rang me late yesterday afternoon (24th August) to say that it was very close to where they live. He and Charlotte are both OK, but very thoughtfully he rang to let us all know that, although it was very close to them, their property is undamaged; he asked that I let all his friends in PSM know that they are alright.



He was woken during the night with a tremendous noise that he described sounding like a tube train rushing through a tunnel, though much louder, and the house shaking violently. He got up, grabbed his dressing gown, a torch (the power had gone) and collected their dogs before rushing out; he then sat in his car where he was joined by Charlotte. It must have been a terrifying experience for them.

Many of the nearby villages have been decimated and one apparently raised to the ground. A lot of the roadways to these remote mountain villages have also been destroyed, so access for the rescue teams is proving very difficult. He is fearful that many people have died or are trapped under all the rubble; apparently many of the buildings in the centre of these very old, small towns and villages are built of stone with little or no cement, much like dry stone walls, and would not have been able to withstand such a violent earthquake.

He says he is keeping well, as are Charlotte & Christopher, who is in the UK at present visiting his mother who has had a fall and broken her hip. I thanked him for his forethought in ringing and I gave him our very best wishes. We thank God that he and Charlotte are safe.

Regards to all,

Jim Wilkins

Groups

Lavenham, Preston and District Gardening Club



With Autumn firmly under way, there's lots of cutting and tidying to do in the garden before winters short days and cold nights call a stop. And then we start to think about next year!

At the Club, our talk on **25th October** will indeed be- by Roger Gladwell entitled 'Planning Changes in your garden for next year', starting at 7.30pm in the Lavenham Village Hall. Roger has accomplished many schemes both large and small, and won many awards for his work.

On **29th November**, we will be hosting the annual Quiz Match against Thorpe Morieux, with the usual tension and fun mixed in! We have no meeting in December due to Christmas and New Year festivities. But then we have our New Years Party on **31st January 2017**, positively the last such celebration of the coming of the new year! Visitors and new members always welcome.

All enquiries to Michael Warner on 01787-247615

Brent Eleigh Village Hall

Our inter village Quiz will be held on **Saturday 12th November** at the above, and we welcome teams from surrounding villages. Its always great fun! An outing on a winter's night, good food and a sociable atmosphere with just some brain power needed. Do call Miranda Elgar to reserve your table on 07401242179.

Our Hall has just been renovated inside and out and offers a great place for a celebration or event, with excellent furnishings and equipment. For bookings, or hire of equipment, chairs etc, call Debra on 01787-247371.

(When Peston's own Village Hall has been rejuvenated, Brent Eleigh will face stiff competition..ed.)

sing

SO YOU THINK YOU CAN'T SING?

Watch this space for details of

A Sing A Long Evening in the
Spring!

Further details from Lyn Davis
divalynx@aol.com

sɪŋ/
verb

gerund or present participle: singing

1.

make musical sounds with the voice, especially words with a set tune.

"Bella sang to the baby"

synonyms: chant, intone, croon, carol, chorus, warble, trill, pipe, quaver;

2.

make a high-pitched whistling or buzzing sound.

"the kettle was beginning to sing"

Groups

Topical Tea and Controversial Coffee



Sounds a bit intense but we have a really great time putting the world to rights and sharing our opinions and interests over a snack. A good laugh is the best medicine they say, whoever they is. Well our health certainly benefits that way because we have lots of laughter doses. So, if you feel like having your say on a range of issues, now's your chance, especially if you are thinking outside the box. Come and give it a go. It is always **Thursday 10.00 to 12.00 at Hatherley Cottage**, or come and leave as you wish. Sometimes we are away so give us a call to check just in case **Judy and Chris 01787 247515**.

Spiritual Health

We hear a lot about the NHS and its problems coping with our physical health. There seems to be a lack of health care for mental health problems brought on by all sorts of life issues. But what about our spiritual health and are we too busy with the other problems to give it much attention? Our complex personalities need all these for robust health. So why not join us when you can to try and find some of those important answers. For example what does the statement 'You must be born again' really mean, and does it apply to me? Was John speaking to me when he said, 'You have become lukewarm'? What's it all about and will it make a difference? Google works, but it is so much better sharing face to face. Join us for a boost to your spiritual side, **second and fourth Tuesday** each month from **4 to 5pm at Hatherley Cottage**. Check as above before you come, **Judy and Chris on 01787 247515**.

Book Club

The Book Club members met at Marjorie's house, Rise Farm, for a discussion about '**The Essex Serpent**' by **Sarah Perry** in the middle of August. Because it was during the summer holidays, not everyone could make it, me included. So although I thoroughly enjoyed the book, I know from bumping into others in the supermarket & hearing what they had to say, I may be alone...! Our next choice is **The Truth About The Harry Quebert Affair** by **Joel Dicker** which comes with some fanfare: translated into 32 languages; 2m copies sold in a year; winner of three French literary prizes; trailing comparisons to Roth, Franzen and Bellow. The protagonist is Marcus Goldman, a shallow, handsome, praise-hungry young man whose first novel made him rich and famous. He dated an actor, swanked around at New York parties and revelled in his celebrity. But work on the second book has gone nowhere, and with a deadline and a possible lawsuit looming, the blocked wunderkind travels to the town of Somerset, in rural New Hampshire, to reconnect with Harry Quebert, his college writing professor and mentor. And there the story picks up...

We will be meeting at Ann Coxon's on **Tuesday 1st November**. If there are any other women in the village who would like to join us, please contact pstmppaper@gmail.com

Groups



PICTURE THIS!

Janet Martin of Preston Hall posing with her personal copy of the Preston Parish Paper in picturesque Portugal.

Where have YOU been this year with your copy?
Please send photos to pstmppaper@gmail.com



Healthwatch Suffolk calls for your stories of care in the county

Healthwatch Suffolk has the power to shape, influence and improve local NHS and social care services in the county. It is independent from the NHS and social care, which means you can be honest when sharing your views.

It has launched a new campaign called “#NHSSelfieStars” for obtaining feedback from people about their use of local health and social care services. It wants to celebrate what is good about services and highlight where things could be better.

The state of the current health and care economy means that it has never been more important to share your views about local services; even if you don't think it will make a difference. The watchdog hopes that this campaign will encourage people to share their stories so that it can help health and social care professionals understand the views and experiences of people using their services and feed them into ongoing plans to change the way your services are delivered.

Healthwatch Suffolk is asking people to share a “selfie” and a story of NHS care in Suffolk so that it can highlight your experiences. All of the stories will be added to the growing volume of data the watchdog has already gathered from local people and used to hold services to account. You can share your selfie and story with Healthwatch Suffolk on Instagram (use #NHSSelfieStars) or by email to info@healthwatchesuffolk.co.uk.

It is always possible to share your experiences anonymously with Healthwatch Suffolk. You can visit www.healthwatchesuffolk.co.uk/services, where it is possible to rate and review your experience within any health or social care service in the county. Alternatively, please call 01449 703949 to speak with a member of the Healthwatch team.

Groups



Are you thinking of holding an event sometime in 2016, and looking to hire a marquee (well constructed 30' x 15') good quality chairs, crockery, cutlery, etc? At Brent Eleigh we can hire you all of the above, by arrangement, from St Mary's Church and the Village Hall. Please contact Michael Warner on 01787-247615 or email michael.warner13@btinternet.com

The Art Group

Runs term times at 10am on Mondays in the Village Hall.

We currently have twelve members and have room for one or two more if anyone is interested. The cost for this term is £40. During the term we will be having a number of lessons with our tutor Mossy Kennedy, so beginners can be assured of good instruction and advice. It is a very informal and friendly group and you are assured of a warm welcome.

Anyone interested & for more details about term dates, please contact either
Judy Legg on 01787 247515
Jim Wilkins on 01787 248233



Blackberry Bomb

If you are picking blackberries from hedgerows this autumn, the recipe below is a delicious way of using them up (imperial measurements - the recipe is very old)

2lb Blackberries
2 Tablespoons water
6oz Broken meringues
8oz Granulated sugar
Half pint single cream
Half pint whipped cream

Cook the blackberries with the sugar and water until the fruit softens. Sieve into a bowl and allow the juice to cool. In a roomy bowl, whip the 'whipped cream' and mix with the cooled fruit juice and the single cream. When thoroughly incorporated, drop in the broken meringue pieces and fold through carefully. Transfer to 2 x 1 pint containers and put in the freezer. When you want to use, transfer the container from the freezer to the fridge about 1 hour before using.

Who said you can only use blackberries in apple pie?

**UNITED BENEFICE OF LAVENHAM
WITH PRESTON ST MARY**

Benefice Service

SUNDAY 30th OCTOBER '16

at 6.00pm in

PRESTON ST MARY CHURCH

To Celebrate

**ALL SAINTS
&
ALL SOULS**

**With music from the
Taizé Ecumenical Community in France**

**Come and pray for your loved ones
who have died, and light a candle
in their memory.**

There is a list in the church where names of those
you wish to be remembered, can be entered.

PRESTON ST MARY PCC & VILLAGE HALL COMMITTEE

Invite all parishioners and friends to our

HARVEST FESTIVAL

'Songs of Praise'

In Preston St Mary Church at 6.00pm on

Sunday 9th October '16

Followed by

Harvest Supper

In the Village Hall at 7.15 - 7.30pm

**Please call Sue or Mandy on 01787 247810
to reserve your tickets at £7.50 each.**



10 October 1865, Bury and Norwich Post

DISORDERLY CONDUCT AT PRESTON: Robert Stonhame of Kettlebaston, John East of Lavenham, and Alfred Snell of Preston, labourers, were summoned by Mr Sewell of the Bells Inn, Preston, for refusing to quit his house when requested to do so. The charge was proved by Richard Gage and George Sewell who deposed "On the night of the 19th defendants came into the Bells and began to create a disturbance. The landlord ordered them out, but they refused and offered to fight. The parish constable was sent for to get them out." Stonhame was then charged by the parish constable John King with assaulting him while in the execution of his duty.

19 August 1884, Ipswich Journal

DRUNK ON LICENSED PREMISES: John Mills, thatcher, and William Dyer, labourer, both of Preston, were summoned for being drunk at the Bells Inn, Preston, on the 28th July. John Levett, a labourer, briefly stated the case and Mills pleaded Guilty. Dyer did not appear. Mills was fined 10 shillings and 17 shillings 6 pence costs which were paid, and Dyer fined 5 shillings, and £1 4 shillings costs, with the alternative of 14 days imprisonment with hard labour.

A PUBLICAN AT FAULT: Samuel Cousens, landlord of the Bells Inn, Preston, was also charged with allowing the same defendants to be drunk on his premises. He stated that he was not present at the time, but upon being reminded of his responsibility pleaded guilty. Superintendent Chapman did not press the case and Cousens, being a new tenant, was fined 10 shillings and 15 shillings 6 pence costs.



The latest edition of your local Safer Neighbourhood Team (SNT) newsletter is now available to view on the Suffolk Constabulary website www.suffolk.police.uk.

Your local SNT works to keep the community safe and address any issues of concern. To keep you updated on the work they are carrying out and how they are addressing local priorities, a regular newsletter is published during the first week of every month.

Should you wish to contact your team to discuss any of the issues mentioned, dial 101 and ask to speak to your local SNT.



Preston St Mary Church

ARMISTICE DAY SERVICE

at 10.30am Friday
11th November '16

At the War Memorial we will remember
those from this Parish who gave their lives
in the two World Wars and since, for our
freedom.

At the going down of the Sun
and in the Morning

Lavenham Neighbourhood Plan results

Many of you may be aware that our sister village Lavenham have been preparing a Neighbourhood Plan to be used by Babergh District Council to shape future developments within this very special & historic tourist destination. After almost 4 years of consultation & research, Lavenham Parish Council, with its chairman Carroll Reeve at the helm, have produced a very comprehensive Plan focussing on traffic issues and housing for locals, which have always been hot topics for the residents. In 2013, 70% of the village were able to voice their views and helped the Parish Council shape the final plan. Some of you may have heard during September on the BBC, and Radio 4 in particular, what locals' & visitors' views on the village are.

In September residents of Lavenham had a chance to exercise their wishes in a referendum, when they cast their votes. 91% said they were in favour of Babergh District Council using the plan in its decision making process for planning applications in the area.

Mr Reeve has been reported in the Suffolk Free Press as saying "The next stage is that the plan goes before the full council at Babergh on September 20th to be agreed. This means that it will be taken into account as part of Babergh's core strategy"

Attention all metal detectorists ...

Taken from The East Anglian 15 September 2016

"The treasure inquests were held in Bury St Edmunds this week, with the items found ranging from a silver-gilt key of Medieval origin to a silver dress hook. All of the items were declared treasure by assistant coroner for Suffolk Nigel Parsley.

The silver-gilt key was found in land near Lavenham by Brian Byford, who was searching with the permission of the landowner Tim Partridge. The British Museum provided evidence for the inquest relating to its age and precious metal content and said it was interested in acquiring the find for its collection.

Mr Byford was not present at the inquest. He made his find on February 16, 2014, and also made another find near Lavenham on December 20 of the same year. That time, he found a silver-gilt strap fitting which Moyse's Hall museum, in Bury, is interested in purchasing.

Further items declared treasure on Monday included a silver-gilt dress hook, found on land near Woodbridge belonging to Sir Michael Bunbury.

Alan Smith found the dress hook on August 1, 2014, after getting permission to go metal detecting by Sir Michael.

Robert Atfield was also given permission by Sir Michael and on October 1, 2014, he found a silver fragment that could date back to Roman times.

The Colchester and Ipswich Museums have expressed an interest in purchasing these items for their collections.

Mr Parsley declared both of the items found in the Woodbridge to be classified as treasure".

Old Joes Golf Club



Are you looking for somewhere fun, relaxed and affordable to come and learn or practice golf?

Here at Old Joes we have some amazing facilities available to all levels of golfer whether you are just starting out to the player looking for more intensive practice

Our facilities include:

A 10 bay floodlit driving range

Practice putting and chipping green with two practice bunkers

A recently installed pro shop home to Nike Golf

A custom fitted suite with state of the art launch monitor system

Café with hot drinks available all year

As well as our friendly knowledgeable staff, we are able to answer almost all of your golf queries

Golf Tuition is available - please ask at the Pro Shop or give us a call for more details

Old Joes Golf Club
Joes Road, Cornard Tye,
Great Cornard, Sudbury, CO10 0QB
Tel: 01787 374807
Email: info@patrickcollinsgolf.com
www.oldjoesgolfingrange.co.uk



COMMAND PEST CONTROL

TELEPHONE: 01787 248049

Complete Pest Control service including Premises Contracts
Year Round Protection from Infestation • All Pest Control work undertaken

Pest Prevention:

Rat and mouse eradication and prevention of access to agricultural/
commercial and domestic premises/Insect control

Prompt service to Wasps/Hornets nests/Ants/Fleas/Cockroaches/
Mites/Silverfish/Flies etc

Mole control by all Ministry approved methods

Rabbit control and rabbit proof fencing

Property Care:

Woodworm/Deathwatch beetle/Damp proofing

30 Year Bonded Guarantee available

Insect Control:

Fly control units, electric and adhesive

Stockists of all leading brands

Replacement tubes and servicing carried out to all units

Secondhand units available

Flyscreens/chain curtains/plastic strip curtains

Bird Control:

Bird control to public, commercial and domestic buildings

Bird proofing to any situation

Cleaning contracts – Public buildings etc

Grain Handling:

Fumigation to grain and other commodities

Grain store cleaning and pre-harvest

Insecticidal treatment

Monitoring of stored grain and supply of all relevant equipment

Our Services Offer:

Trained technicians/Professional back up:

Quality control manager and field biologist/Approved by local

authorities and food retail industry/Reporting documentation

tailored to any requirement

We also supply:

Rodenticides/Timber treatment chemicals disinfectants/Industrial
cleaning chemicals and pest control equipment



RODENTS



INSECTS

FLY KILLERS



WOODWORM

BIRD PROOFING



FUMIGATION

ESTABLISHED 1986

**COVERAGE THROUGHOUT EAST ANGLIA AND BEYOND
FOR COMPETITIVE PRICES PLEASE RING 01787 248049**

Command House, College Farm, Church Lane, Preston St Mary, Sudbury, Suffolk CO10 9NQ

Email: sales@commandpestcontrol.co.uk Web: www.commandpestcontrol.co.uk



Lavenham Physiotherapy



Acupuncture Clinic

A combined Chinese and Western approach to help relieve your pain quickly and prevent it recurring.

Conditions treated include:

- Back pain and sciatica
- Neck pain and whiplash
- Headache
- Shoulder pain
- Elbow and wrist pain
- Hip, knee and ankle pains
- Arthritis
- Rehabilitation



Private treatment is provided in a relaxing and friendly atmosphere by Preston resident Mrs. Hua Sands MSc MCSP MAACP, who has been trained in acupuncture in China and the UK, is qualified as a Physiotherapist to Master's level in the UK, and has worked as a Senior Physiotherapist in the NHS. Treatments depending upon your condition may include exercises, manual therapy, ultrasound and/or acupuncture.

Scientific evidence shows that acupuncture treatment can stimulate the brain and spinal cord to produce natural pain-relieving chemicals such as endorphins, melatonin (which promotes sleep) and serotonin (to promote well-being). Based on strong scientific evidence available so far for its effectiveness, the National Institute for Health and Care Excellence (NICE) recommends acupuncture as a treatment option for chronic lower back pain, chronic tension-type headaches and migraines. Large scientific studies also indicate that acupuncture can help relieve pain caused by osteoarthritis.

"I have found your sessions to be beneficial for my neck...I also found the acupuncture to be incredibly relaxing. Your fees are very reasonable for the high value of therapy you offer." Ben Holden, Rattlesden. See website for more examples of what patients say.

Ring 01787 247 726 or e-mail Hua@lavenhamphysio.co.uk to book an initial appointment. For more information, see www.LavenhamPhysio.co.uk



WE'RE COMING OVER ALL FESTIVE THIS DECEMBER WITH A
SPECIALLY DESIGNED MENU TO MAKE SURE YOUR
CHRISTMAS PARTY GOES OFF WITH A BANG!

WHETHER IT'S YOUR ANNUAL OFFICE CHRISTMAS LUNCH,
DINNER OR A GATHERING WITH FRIENDS AND FAMILY,
WE'LL ENSURE ITS A FESTIVE CELEBRATION TO REMEMBER!

FOR ALL ENQUIRIES, PLEASE CONTACT
PAULA, EVENTS MANAGER:
01787 247 440 / 07900 677 051 / PAULA@ETMGROUP.CO.UK

The Six Bells

THE STREET, PRESTON ST MARY, SUDBURY, SUFFOLK CO10 9NG
(THREE MILES FROM LAVENHAM)

01787 247 440 / INFO@THESIXBELLSPRESTON.COM

WWW.THESIXBELLSPRESTON.COM

 [@THE_SIX_BELLS](https://twitter.com/THE_SIX_BELLS)

 [/SIXBELLS](https://www.facebook.com/SIXBELLS)


www.etmgroup.co.uk

Beauty by Megan

Megan is a mobile Beauty Therapist with over 10 year's experience in the Beauty Industry, offering professional and thorough treatments in the comfort & convenience of your own home. As an alternative to home treatments, I also have a treatment room within Preston St Mary, 3 miles from Lavenham with off road parking! I use and stock leading professional beauty products such as **Dermalogica & Jessica**

Dermalogica facials/Spray tanning/Waxing/Eye treatments/Jessica manicures & pedicures/Foot maintenance (nail trimming and hard skin removal)/LVL Eyelash perming/Eyelash extensions/Make-Up.

I now offer reflexology

Covering the heart of beautiful Suffolk
Please phone for any enquiries or a full price list

Megan Pryke VTCT, BABTAC

07876 717 008

 **beautybymeganlavenham**

PRYKE BROS. LTD



*Natural rockery stone
Water features
& Various composts*



Parsonage Farm, The Street, Preston St. Mary, Sudbury, Suffolk CO10 9NQ

01787 247696

Come and browse, deliveries can be arranged; or visit our website

www.pbnaturalstone.co.uk

Preston St Mary Newsletter Amended Advertising Charges from July 2016

ONE-OFF ADVERTISEMENTS:

Local events	free of charge
Full page advertisements for locals	£ 9.00
Full page advertisements Non locals	£18.00

FOR 6 ISSUES:

Local Organisations:

Third of Page	£ 9.00
Half Page	£18. 00
Full Page	£36. 00

Non Local Organisations:

Half Page	£36. 00
Full page	£54. 00

Issues: Feb/Mar: Apr/May: Jun/July: Aug/Sept: Oct/Nov: Dec/Jan:

Editor: Caroline Gove – pstmpaper@gmail.com

Copy dates: To Caroline at least one month prior to issue date.



BRIDGE DRIVE

MONDAY, 17th OCTOBER 2016

LAVENHAM VILLAGE HALL

Lunch 12.00 for 12.30 with a glass of Fizz

Bar available while you play!

Chicago or Contract.

Followed by tea and biscuits

And prize-giving!

(Please bring your own table)



All proceeds for St Mary's Church, Kettlebaston

ENTRY: £20.00

From; June Carpenter

Tel: 01449741318

e-mail: junecarpenter@btinternet.com

Preston St Mary Parish Council

web: prestonstmary@onesuffolk.net

AGENDA and SUMMONS

Preston St Mary Parish Council Meeting
to be held at 7.30 p.m. on Tuesday 27 September 2016
in the Village Hall

- 1. Chairman's welcome:**
 - (i) Council to accept apologies for absence
 - (ii) Council to consent to absences
- 2. Declarations of interest:**
 - (i) To receive disclosures of pecuniary and non pecuniary interests on matters to be considered at the meeting.
 - (ii) Requests for dispensations.
- 3. Minutes of last meeting:** To sign the Minutes of the Parish Council Meeting of 31 May 2016 as a true and accurate record.
- 4. Public Forum:** To receive comments from the Public
- 5. To receive Reports from County and District Councillors:**
- 6. Clerk's Correspondence -**
(General correspondence has been circulated by email and any matters arising have been added to the Agenda)
 - a. Complaint re Trees on the Village Green
 - b. Request from researcher to view ALL historical Minutes of Meeting to date
 - c. Meetings with Safer Neighbourhood Team
 - d. Data Protection Register
 - e. Devolution Responses received
 - f. To consider any further correspondence received
 - g. Draft Emergency Plan
- 7. Finance:**
 - (i) Audit:** To Review comments from BDO Audit Report.
 - (ii) Bank:** To Review Current Account Balance for year to date
To Review Savings Account Balance for year to date
 - (iii)** To Review Receipts and Payments schedule since 31 May 2016
 - (iv)** To approve invoices for payment:
- 8. Planning:**
 - (i)** B//16/00712: Model Farm, Whelp Street – Erection of 2-storey replacement dwelling
 - (ii)** B/16/00835: The Village Hall – Replacement of existing windows
 - (iii)** New building plan for The Street
 - (iv)** Consideration of changes by Government to planning system under Housing and Planning Act 2016: Neighbourhood Planning
 - (v)** Consider any further planning application received
- 9. Questions to the Chair/Reports from Councillors**

Sylvia Watson,
Parish Clerk

0743 460 1141 prestonpc@gmail.com

