PRESTON PARISH PAPER

Village Activities & News | St Mary's Church | Local Clubs & Events

Dates for your Diary

6th August and 3rd September 11.30am - 'Preston Praise' in the church

26th August 1pm-5pm -Lavenham Church Tower open. Come and see the view

9th September 9am-5pm - Ride and Stride (SHCT Bike Ride)

10th September 12noon -Preston St Mary Patronal Festival, with picnic in the churchyard

13th September 7pm Lavenham Church - Jean Guy Memorial Lecture

17th September 10am-1.30pm -Lavenham Airfield Walk

30th September at 7pm -Concert in Preston Priory Barn of English and Patriotic Song. HIGHWOOD CHOIR with SOLOISTS from ENGLISH NATIONAL OPERA

8th October 6pm – Harvest Festival & Harvest Supper

18th November 10am-4pm -Christkindlmarkt at Preston Manor Barn

EDITORIAL

Thank you for all your support, and for your interesting and entertaining contributions to the PPP. We now have a new Editorial email address – editorpstmppaper@gmail.com for future contributions

MEGAN'S BIG DAY



Saturday 27th May 2017 – the wedding of Megan Pryke and Edward Elsden at Preston St Mary Church. The service was led by the Revd Christopher 'Tiffer' Robinson and the choir was 'Serendipity' led by Nansi Browne. The bride's bouquet consisted of wheat and gypsophila, the wheat was kept from harvest 2016. We had beautiful weather, not a cloud in the sky!

WHO'S WHO IN THE VILLAGE

Parich Council			
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SECRETARY	Laura Ashford	247069	laursash1@yahoo.co.uk
Village Hall			
CHAIRMAN	Annie Mason	247100	ranniemason@btinternet.com
SEC./BOOKINGS	Sue Diggins	247810	sdiggins2rda-east.org.uk
Art Group			
Monday mornings, 3 ter	ms of 12 weeks		
NEW MEMBERS	Jim Wilkins	248233	jimwilkins97@aol.com
Ladies' Group			
Informal gatherings arra	nged for most months o	of the year, u	
CO-ORDINATOR	Anne Springall	247156	annespringall@gmail.com
Table Tennis			
Thursday evenings at 7. CO-ORDINATOR	30 in the Village Hall Dave Williams		williams.jackdaws@btinternet.com
The Six Bells Pub		247440	reservations@thesixbellspreston.com
Neighbourhood Wa			
CO-ORDINATORS	Sue Cawston	247189	kishcash@tiscali.co.uk
Dreaten Of Marin Da	Mervyn Cochrane	247810	
Preston St Mary Pa	•		abald bi assatble
News of events & village			
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Babergh District Co	ouncil Clive Arthe	y (Ind) 211	316 <u>clive.arthey@babergh.gov.uk</u> or <u>clive.lindsey@tiscali.co.u</u>
Community Liaisor			cally.boardman@suffolk.gov.uk
PCSO Laura Manse	-		
			•

Our Ward is North Cosford

Midsummer Music from the Swyft Singers at St Mary's Church, Preston St Mary on Saturday 24th June.

As the sun's rays shone through the West door on a warm midsummer evening in Preston's pretty country church, an audience gathered - eschewing the Saturday night Glastonbury headliners The Foo Fighters - to listen to a collection of unaccompanied sacred and secular music punctuated with poems and readings. As the programme told us: 'the Swyft singers is a newly formed group of singing friends who have come together to explore and perform all manner of polyphony from the Renaissance to the present day'; two sopranos hail from this parish: Glynis Huggett and her daughter Kate.



Standing under the arch enjoying optimal acoustics, the unaccompanied nine voices could be heard singularly and in unison which enabled the listeners to hear beautiful renditions of all the cleverly chosen music.

The programme varied from early 16th Century religious music to Gershwin and the readings spanned Thomas Hardy & John Clare to the more recent Roger Deakin. Our very own Tim Bridges read out 2 of his own lovely poems one of which was entitled 'Preston Past and Present', explaining that he lived here as a child in the late 50's before choosing the village to move back to eleven years ago. Tim - get an agent!

The interval was enjoyed with excellent South African rosé fizz, homemade bites and good company. The church doors remained open for the second half as the shadows lengthened and the concert ended with a bird singing in harmony with the choir. What more fitting affirmation than that the concert was appreciated by nature itself? (The Foo Fighters may have commanded the big crowds but all those of us in the church on Midsummer Eve thought we'd heard something very special too)

Caroline Gove

Lavenham's Church Tower is open to Visitors 1–5pm on Saturday 26th August Best views for miles around! Do come and bring your friends. Refreshments available in church.

Pastoral Letter

Isobel and I are getting settled into Weavers Close and are looking forward to a holiday in Welsh West Wales (somewhere between Carmarthen and Haverfordwest).

Thinking about holidays takes me back to my days of training with Church Army and summer practical placements, (not that they happened in Wales for me). No, I seemed to spend most placements up on the Yorkshire coast or in York itself.

The time in York was spent with an organisation called, 'Tell a Tourist' and included street drama outside York Minister, fishing for Tourists on Stonegate and in the Minster itself giving out copies of the Bible and of the individual Gospel accounts in as many different languages as you could think of.

On one occasion my preconceptions about young people's knowledge of the parables of Jesus were completely demolished. We were performing a street drama about, 'The Prodigal Son'. At the end of the performance we went into the gathered crowd to talk about what people had just watched. There was a group of school children maybe year six or seven (10-12 year olds) and I went over and asked what they thought of the story, they had no idea of what it was about. I had to explain the story to them before we could have a discussion as to what they thought about it. Not much as it turned out as they had to get off to their next venue. It was something of an eye opener to realise those young people did not know about what I thought was one of the most well known parables of Jesus.

A couple of days later I was in the Minster giving out copies of the Gospels in the different languages when an older couple (I was in my mid/late twenties at the time) asked if we had a copy of the bible in Romanian? (this was a time when the Iron Curtain was firmly in place). We did and I was able to give them a copy which they could take home and share with friends. A short while later a couple from another Communist country also came and asked for a bible and I was able to furnish them as well. Later still the first couple returned and asked if it was possible for them to have another bible to take back for some friends? It was.

As we enjoy the summer time in our lovely village, we don't really know whom we have amongst us in the many visitors who spend time (and money) with us thinking how lucky we are and how lovely it must be to live here. I think they are right and hope that as I might pass by/through the crowds, there may be opportunity to talk to them about the village and what a wonderful place it is, even when seemingly swamped by visitors. They may have little or no knowledge about Lavenham but if we can help them as they leave to think, 'what a lovely place we must come back again and learn some more', then I think we have done something good.

I hope Isobel and I will leave Wales thinking we must go back again, what a lovely place and what a lovely holiday we have had and as we look forward to our journey home we can think about the lovely village in which we now live and give a 'thank you' to God for bringing us here.

Capt Paul Tyler

Community Minister

ST. PETER AND ST. PAUL, LAVENHAM WEDNESDAY 13^{TH.} SEPTEMBER AT 7PM

THE 5TH ANNUAL DR JEAN GUY - MEMORIAL LECTURE **'Sleeping with St Augustine?'**



Speaker: Dr Cally Hammond

The Revd Dr Cally Hammond has been Dean and Director of Studies at Gonville and Caius College, Cambridge since 2006. With a D.Phil in *Literae Humaniores* (Classical Studies) from Oxford University, she has edited and translated the 'Confessions' of Augustine and is an expert on early Christian history and literature. As a theologian her publications include works on practical Christianity and liturgy.

Venue: The Parish Church of St Peter and St Paul, Lavenham

All Welcome - Refreshments Available - Free Admission (Donations to Church Funds appreciated. Registered Charity No. 1131642)

Thank You

I wish to 'Thank' everyone in the Benefice of Lavenham and Preston St Mary for the wonderful gifts of the **Ordination Stole and flowers.** Also for the delightful reception for me afterwards held at Preston Village Hall and for the amazing cake which even was decorated with the cross of St David. I am aware members of the congregation from both churches worked very hard for this to happen. You all gave me such warm greetings on Saturday at the reception and on Sunday in both churches. Roger also wishes to thank everyone for the gift and kindness shown to him.



I feel really honoured and privileged in serving you all as your curate. Thank you all again so much. God's Blessings to you all

Revd Elke Cattermole

REVIEWS

A new local journal has appeared this Summer: "Brett Valley Review. An historical Miscellany".

The first issue contains a very scholarly article on the Colmar family of Brent Eleigh (1607-1740) and a more light-hearted piece about "the charm of Chelsworth".

Hitcham, Monks Eleigh and Aldham also appear - and when I revealed that I was phoning from Preston Sue Andrews, the editor, hastened to reassure me that she was acutely aware of our village's omission from Issue 1 and would remedy the matter soon!

A very useful addition to the local literature.

To be published at the beginning of June and the beginning of December, price £5 per copy, on sale locally or from Ms Sue Andrews, 17 Manor Road, Bildeston, Ipswich, Suffolk, IP7 7BG (01449 740673). Add £1.50 postage.

The Friends of Preston St Mary Church present an **Evening of**

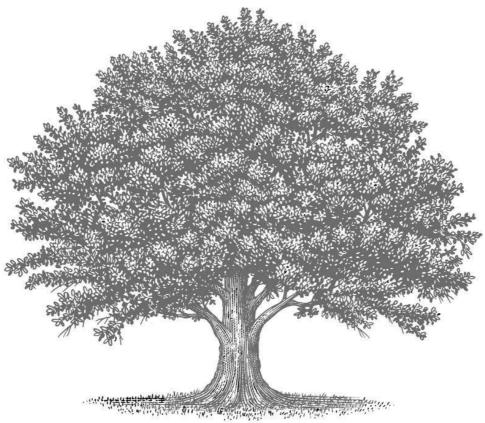
English and Patriotic Song

sung by Highwood Village Choir with soloists from English National Opera

Saturday 30th September at 7pm in Preston Priory Barn

Tickets £12.50

(to include wine and nibbles) pre-booked or at the door Lyn Davis 01787 247112 for more information All proceeds go to maintain the Church fabric



Registered Charity no. 1070593



Farewell & Thank you to The Revd Lynda Sebbage as she moves on to the nearby Stour Valley Benefice

Lynda writes: "Please pass on my thanks to all the congregation (Lavenham & Preston) for the beautiful stole, the card, and such a superb cake, and for making my farewell last Sunday (4th June) so special. I count myself very blessed serving with you during my placement".

It's BBQ time.

COOKS' CORNER

But "Forget those sausages and burgers!" says Peter Brown, Whelp Street. This is the way to turn a humble barbecue into a feast.

First, "butterfly" a leg of lamb: Start by feeling the location of the bone then cut along the length using a very sharp knife. Cut around the bone as closely as possible but only to the depth of the bone. Continue to work your knife around and lift it free. Open the lamb out, making a shallow cut if necessary to give an even thickness. Remove any pockets of white fat.

To cook the lamb, light your barbecue about 40 minutes in advance. Push the coals to the side so the meat isn't directly over them. Put the lamb in the centre. Only cook the lamb once on each side and don't be tempted to keep prodding and investigating. It should take about 25-30 minutes per pound weight (exbone).

When cooked, rest for 10 minutes under cover (The lamb, not the cook!), then take to table and carve generously. Different from lamb cooked in any other way - and delicious!

JACK: "Well, Peter, would you call that your signature dish?"

PETER: "What? It's my ONLY dish!"

Top cookery tip from Peter: "Marry a lady who's a good cook. I did."

VILLAGE HALL NEWS

VILLAGE FETE

What a great social occasion! Over100 people came through the gate and it seemed that there were almost as many dogs. Yes, the Alternative Dog Show was a great attraction and Anthea & Nick ensured that every canine felt loved and appreciated. Thank you so much, both of you, for all your work.

Richard and Mark got their music "just right" and created a wonderful ambiance for the afternoon. We fully acknowledge how unrewarding it can feel to play your heart out in the background without too many people taking specific notice of what you're up to. Thankfully, that is what they expected and they were very content with that role.

The games were popular and, in some cases especially, vey competitive! There was also a variety of interesting stalls, along with the famous PSM BBQ, teas and bar. The committee members worked hard and were helped by many others, whose efforts were particularly welcome – thank you, all.

It was a respectable success financially too, as we made about ± 650 towards the upkeep of the Village Hall.

The weather also behaved itself, despite the forecast, and the general feeling was that the day had been great fun – which is always one of our main objectives!

100 CLUB

Subscriptions for the 2017 draw have been collected and the first two draws have been made. Congratulations to the following winners:

	DRAW NO. 1	DRAW NO 2
1 st prize (£25)	Luke Potter	Simon Hardingham
2 nd prize (£15)	Vivienne Sands	Julian Delefortrie
3 rd prize (£10)	Laura Ashford	Henri Piot (c/o Annie Mason)

The Treasurer in particular would like to thank all those who have participated in the 100 Club, which forms a valuable element of our overall fund-raising.

ANNUAL GENERAL MEETING

This duly took place on 30th May and the office holders were all re-appointed (as shown at the foot of this article). The rest of the committee were also hastily re-appointed! Annie as Chairman gave an interesting resume of the last year's activities and Keith as Treasurer was able to report a positive financial performance, even with the net cost of the new windows. No other matters of great import were discussed.

ANNIE MASON, Chairman, 01787 247100 SUE DIGGGINS, Secretary, 01787 247810 KEITH DAVIS, Treasurer, 01787 247112

Preston St Mary & District Art Group

NEW MEMBERS URGENTLY REQUIRED! Our Art Group has been meeting for many years in the Village Hall, three terms of 12 weeks every year at 10am on Mondays. We have averaged ten to twelve members – of all abilities – at a membership fee of £40 a term, which has enabled us to have lessons from professional tutors, including well-known local artists such as Mossy Kennedy and Sandy Larkman. For various reasons - illness, busy lives and now two long standing members emigrating to live nearer families – our numbers have fallen into single figures and we are keen to recruit new members. It is a very friendly and informal group and you are assured of a warm welcome. Whether you are already a skilled amateur artist or an absolute beginner you will find help, encouragement and sometimes even a bit of village gossip.

If you are interested please contact either Judy Legg on 01787 247515 or Jim Wilkins on 01787 248233.

Lavenham & District Gardening Club

The warm weather of the past 2 months has brought flowering plants, fruit, and vegetables along a treat, and now we have had slightly cooler conditions and some rain to aid the next weeks. After our Summer Garden Party on the 25th July, we all take a breather in August, before our members Produce, Flower and Plant Show on the evening of Wednesday 27th September in Lavenham Village Hall, this year including photographic, baking and home produce sections, thus everyone gets a chance, whatever their skills!

We also have 3 visits arranged respectively to the 50th anniversary of 'Foggy Bottom' at Bressingham on Saturday 9th September; a very special visit to Hilborough House Gardens near Thetford on 14th September; and our last one for this year, to the restored Victorian under cliff gardens in Felixstowe on 12th October. Thereafter we return to our normal pattern of a talk on the last Tuesday of the month, again at the Village Hall as above, at 7.30pm. If any of the above are of interest to you, please contact me, **Michael Warner**, Secretary, on **01787 247615**.

Brent Eleigh Village Hall

Our 'Country Hoedown' held on Saturday 1st July was a great success, with the ceilidh band Fairgreen playing, people dancing, enjoying the bar and BBQ, consuming strawberries galore, amid lots of laughter, and we raised £1250 to assist the funds of running our wonderfully restored halls, which are being hired for parties, lunches, and other events now. Our next Quiz Night should be on Saturday 25th November, tbc, this is always great fun, book a table! All enquiries to **Miranda Elgar** on **07401 242179**.

Topical Tea and Controversial Coffee

Sounds a bit intense but we have a really great time putting the world to rights and sharing our opinions and interests over a snack. A good laugh is the best medicine they say, whoever they is. Well our health certainly benefits that way because we have lots of laughter doses. So, if you feel like having your say on a range of issues, now's your chance, especially if you are thinking outside the box. Come and give it a go. It is always Thursday 10.00am to 12.00 at Hatherley Cottage, or come and leave as you wish. Sometimes we are away so give us a call to check just in case. **Judy and Chris 01787 247515**.

Bible Study

Our Discussion Group meets at Hatherley Cottage on the second and fourth Tuesday of each month at 4pm in time for tea. As Christians we believe that we need to study God's word in order to develop our spiritual lives, and we welcome anyone who would like to join us. Please phone **Judy and Chris** on **01787 247515** to make sure we are here.





Communities share views to improve health and care services in Suffolk

We're Healthwatch. We listen to your views about local NHS and social care services so that we can make them better for everyone.

We have just launched our fourth annual report, which covers the year 2016/17. It tells you how we have been working and using people's experiences to shape, influence and improve local services throughout the year.

Five ways that health and care services have improved:

- 1. Maternity services increased support for birthing partners and changed policies so that birthing partners can stay with mum and baby overnight.
- 2. People will receive improved support and information to help them manage their risk of complications from foot disease caused by diabetes.
- 3. Residential and nursing homes have made changes that will improve the experience of some of Suffolk's most vulnerable people following visits by our volunteers.
- 4. We made safeguarding alerts that have led to immediate improvements to people's care.
- 5. We delivered patient feedback that helped to shape pathology services in Sudbury, including improvements to IT systems and access to appointments.

In our annual report, we highlight outcomes from our work that has included specific research projects, visits to local services and work across all levels of health and social care. Further examples include:

- Decisions to keep In Vitro Fertilisation (IVF) and Marginalised and Vulnerable Adults services were strongly influenced by public feedback we obtained in partnership with NHS leaders.
- Prompted by calls from young people for more information, we developed a new poster and information card that will help young people to find support.
- We worked closely with new GP partnerships to shape their plans for developing services by engaging patients within surgeries.
- We were central to the launch of a new Dementia Forum for Suffolk that will aim to change the way dementia support is provided in Suffolk.

In addition, we have helped many people that contacted our free <u>Information and Signposting</u> <u>Service</u> to find support with their health and wellbeing needs.

Andy Yacoub (Chief Executive) said:

"People have a keen interest in their health and social care services and rightly so. Throughout the year, we have met many people; talking to them about their experiences and using them to influence decisions about our local services. We are proud of the impact we have made and, with increasing awareness of Healthwatch throughout the County, we know that our voice and influence can only increase with positive outcomes for patients, service users and carers throughout Suffolk."

More information is available within the Healthwatch Suffolk Annual Report 2016/17. Visit: <u>www.healthwatchsuffolk.co.uk</u>. You can also call 01449 703949 to find out more.

TROOPING THE COLOUR 2017



James Luck leads the King's Troop RHA on to Horse Guards Parade

The annual ceremony of Trooping the Colour, marking HM the Queen's official birthday, took place on Saturday 17th June at Horse Guards Parade in London. One of the leading participants this year was Maj James Luck of the Royal Horse Artillery, the son of Alan and Denise Luck of Priory Farm, Preston St Mary.

James has just completed his tour in command of the King's Troop, RHA, and is now taking up a new post in Colchester. One of his final duties in his former role was to lead his soldiers as they paraded past the Queen (twice – at the walk then at the trot) with their horse drawn guns and limbers. Artillery units do not have conventional colours, but rally to their guns, which serve as their regimental colours.

After the parade, at which the colour of the 1st Battalion Irish Guards was 'trooped' (i.e. paraded before the Queen, the Royal Colonels-in-Chief and the assembled Household Division) James led the King's Troop along the Mall to Green Park, where they fired a 41-gun Royal Salute.



The King's Troop rides along the Mall to Green Park to fire the Royal Salute

HISTORICAL NOTES

Preston St Mary is extremely fortunate in having a resident historian, Mr Roy Hollocks. The Hollocks family have lived in Preston for generations and Roy is the remaining one to actually live in the village. There are some 34 members of the family buried in the churchyard.

Roy has a huge archive of material on the village and we aim to approach Roy for some interesting bits of Preston history in each Preston Parish Paper.



The above photograph is undated but looks as though it would be fairly early in the 20th century. Any ideas? The School closed in 1947 and Roy's older brother was among the last pupils. In 1897 there were fifty pupils - and probably not from a very large catchment area. Brent Eleigh, for example, had its own school. Imagine trying to find 50 primary aged children in this area in 2017!

Hints from the headmaster's diary in 1897 give a whiff of a bygone age. Children learned arithmetic, analysis and parsing. There's no mention of sport or P.E. and kids could be absent in cold weather due to burst chilblains. The Rector played a prominent role in the classroom additional, apparently, to two teachers and a headmaster.

School discipline has come a long way from the first half of the 20th century: "2 ruler on hand"; "over desk and 3 ruler"; "5 strokes in the right place" are typical entries in the punishment book and one poor girl in 1925: "3 stripes for mumbling and 2 extra for smiling". One of the Stowe forebears: "8 stripes - 5 in the correct place".

Preston has never been short of characters. One little lad in 1908 was apprehended in the belfry trying to scale the church "steeple" - four smacks on hand - with cane.

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INSECTS





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Private treatment is provided in a relaxing and friendly atmosphere by Preston resident Mrs. Hua Sands MSc MCSP MAACP, who has been trained in acupuncture in China and the UK, is qualified as a Physiotherapist to Master's level in the UK, and has worked as a Senior Physiotherapist in the NHS. Treatments depending upon your condition may include exercises, manual therapy, ultrasound and/or acupuncture.

Scientific evidence shows that acupuncture treatment can stimulate the brain and spinal cord to produce natural pain-relieving chemicals such as endorphins, melatonin (which promotes sleep) and serotonin (to promote well-being). Based on strong scientific evidence available so far for its effectiveness, the National Institute for Health and Care Excellence (NICE) recommends acupuncture as a treatment option for chronic lower back pain, chronic tension-type headaches and migraines. Large scientific studies also indicate that acupuncture can help relieve pain caused by osteoarthritis.

"I have found your sessions to be beneficial for my neck...I also found the acupuncture to be incredibly relaxing. Your fees are very reasonable for the high value of therapy you offer." Ben Holden, Rattlesden. See website for more examples of what patients say.

Ring 01787 247 726 or e-mail Hua@lavenhamphysio.co.uk to book an initial appointment. For more information, see www.LavenhamPhysio.co.uk

NATURE NOTES

Autumn is still some way off but I wonder if a phenomenon noted last September will occur again.

Buzzards have become a familiar sight hereabouts after they took up residence in Langley Wood a few years ago. They're reckoned to be Britain's commonest bird of prey but are basically territorial. What a surprise, then, to see a group of no less than fifteen buzzards circling over Preston one afternoon in September!

Has anyone else seen such an event? Will it be repeated? The RSPB said it is not unknown, but had no comment as to the cause of such behaviour.

Anything of interest noted in your own garden or in the Preston area, drop a line to Jack Tasker.



Up the Hammers....?

If you have allegiance to West Ham United (or Aston Villa, or Burnley) you may care to have in your garden a clerodendrum - sometimes known as a West Ham tree. This little tree produces in the late Summer/Autumn a delightful display in West Ham's colours: claret, blue and white. If you would like a sapling, ready to plant (for free) phone Jack Tasker on 01787 249571.

If you have any cuttings, seedlings or seeds you'd like to share, drop a note to the Newsletter.

PRESTON ST MARY & DISTRICT LADIES CLUB

Meetings usually held on 2nd Monday in every month at 7.30 pm in the Village Hall - unless stated otherwise.

New Members are always welcome so do come and join us. The annual subscription is only £10, and only £2 when you attend a monthly meeting, which includes raffle prizes and refreshment.

Upcoming Meetings and Programme for 2017

August 14th Garden Meeting. Lyn Davis has very kindly volunteered to host the evening at Addison House, Whelp St. Please note the evening will begin at 6.30pm.

September 11th Sing with Lyn. Lyn Davis will lead us in an evening of lighthearted songs, that we are all sure to know and love from some of the most memorable shows.

October 9th FILM NIGHT. Janet Martin has once again very kindly agreed to host Film Night. This is always an enjoyable evening at Preston Hall.

November 13th The Lighter Side of Banking. Keith Davis will be talking about banking! Don't worry, I am assured that Keith's talk is not at all serious, and is in fact very amusing.

December CHRISTMAS MEAL - date and venue to be advised nearer the time

REPORT ON PREVIOUS MEETINGS

POTTERY MORNING WITH SANDY LARKMAN. June 9th We were a small group of five who were able to attend this pottery morning in Sandy's well-equipped studio. The weather was warm, so we were able to have the doors of the studio open and view Sandy's pretty garden while we worked. We started our morning by choosing a mould from the huge selection available and then began by rolling out the clay with rolling pins in preparation for lining our moulds we had chosen. We all felt quite at home, since the process was much like rolling pastry. However we did find that we had to be careful to roll the clay to the correct thickness for lining our moulds evenly, so as to be able to create an interesting design for our dish. We had a short break for refreshments (with delicious cake) and then launched into making something on the potter's wheel. With four potter's wheels available to work on, everyone was able to try their hand at 'throwing a pot'. A delightfully mucky experience! We also found the potter's wheel unexpectedly relaxing and we all managed to make guite professional looking pots. Sandy, as usual, was very generous with her time and is such an enthusiastic teacher. We all agreed that we had all had a wonderful morning and would not hesitate to visit Sandy again - if she can spare us her time. At the time of writing, our creations are in the process of being fired and glazed - needless to say we are all anxious to see our finished masterpieces.

July 10th Roaring 20's and 30's. Kate Hanlon brought along some of her wonderful collection of clothes and accessories from the 1920's and 1930's. Kate began by explaining how she caught the 'bug' for collecting articles from 20's and 30's and how, as her collection slowly began to increase, she developed an 'eye' for spotting real bargains in the most unlikely places. Kate had brought along some handbags that she passed among us so that we could really appreciate the workmanship - including poignant photos and dance cards that had been left in the bags. Most of Kate's collection were too fragile to be handed out, so were set out on a table for us to look closely. The cloche hats that Kate had brought for us, were beautifully made and must have been very flattering for the wearer. Interestingly, hats of that era were for smaller heads than we ladies have today. We all admired the beautiful clothes that Kate had brought to show us; rich colours, stunning designs embellished with lace and intricate bead work. There is no doubt that clothes from the 1920's and 1930's were exquisite works of art and craftsmanship, something we all felt was missing in today's ladies' fashion. We were a very enthusiastic and interested audience and we had so many questions to ask Kate. Sadly, the evening had to come to a close, but not before we expressed our delight and thanks to Kate for so generously giving us the opportunity to see part of her collection and for a most fascinating and interesting evening.

Contact Anne Springall on 01787 247156 or email <u>annespringall@gmail.com</u> for more information about any of our meetings.

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Editor: pstmpaper@gmail.com				
Copy Dates: At least one month prior to issue date				

VILLAGE PEOPLE

Caroline Gove Outgoing Editor of the PPP

How long have you lived in the Village and why did you come to the village?

I moved here nearly 12 years ago with my husband and 4 teenage children. We used to live south of Bury St Edmunds but got to know Lavenham when I had clarinet lessons with Sara Whymark who has since moved into the village too.

Best thing about the village?

The friendly community spirit. There seem to be a disproportionate number of villagers who are keen and willing to work hard to keep many aspects of the village alive such as The Friends of the Church, Village Hall, Christkindlmarkt and various clubs and organisations. I also love the particular pocket of fields and paths that the village nestles in.

Favourite spot in the village?

Apart from the pub which really has become the day to day community hub, I think you can't beat standing in the churchyard looking north at the wonderful view towards Kettlebaston.





A website for villagers to post instant messages and notices. For example: items for sale or wanted, offer or requests for lifts to towns/GP surgery/market etc. It seems we all drive everywhere and perhaps many of us are driving to the same place or suddenly unable to get somewhere because the car has broken down.

Hobbies?

At the moment building a house! I love gardening and worked as a garden designer for a number of years. Cycling, music, travel, beekeeping, touring with my husband riding my own Honda 700 motorbike - hopefully our next planned trip is reaching the Arctic Circle for midsummer next year.

Guilty Pleasure?

The Archers and my children have introduced me to electro/tech/house music which I play loudly when no one is at home. It helps get the housework done.

Favourite Sport?

Football. We have season tickets for Arsenal as we used to live in the same road as the old stadium. And I want Arsene Wenger to stay.

Favourite TV/Box set?

There are so many good drama programmes at the moment but recently I've been watching the Tour de France and the Isle of Man TT highlights.

Favourite music?

Everything from Dance to Opera & choral works: David August & DJ Solomun at the Boiler Room Berlin to Tosca at Covent Garden, which I've seen about 6 times.

Tell us a Secret ...

On a cycle trip to Cambodia a few years ago, I and fellow riders were rounded up from our night time jungle camp by very aggressive policemen to travel 4 hours across tracks within minefields, in the dark. I'm still not sure what we did wrong.



Our new services have been very encouragingly received, preceded as they have been by mini-croissants and pains au chocolat, which have gone down very well, along with the fresh coffee. Yes, it is clear that more people attend services when food-for-the-soul is combined with food-for-the-body!

Our programme for broadening the range of services on offer, mostly led by members of the congregation, continues on the first Sunday of each month. On 6th August, Robyn Lloyd Hughes will lead the service and in September (3rd) it's Keith Davis' turn. You may be assured that they will each offer their own individual slant on their message.

The format of the service will appeal to those who prefer something rather less formal and a bit shorter than the usual service and at a time which may suit folks better than an earlier service.

The pattern for the new service has been established

- from 11.30, refreshments will be served, including fresh coffee (or tea) and "something to go with it";
- **at 12 noon** the service will start, with the aim of finishing within about half an hour, so that we can all leave in good time for lunch!

Just an hour or so – good fellowship.

Come and try it!

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Beauty by Megan

Megan is a mobile Beauty Therapist with over 10 year's experience in the Beauty Industry, offering professional and thorough treatments in the comfort & convenience of your own home. As an alternative to home treatments, I also have a treatment room within Preston St Mary, 3 miles from Lavenham with off road parking! I use and stock leading professional beauty products such as **Dermalogica** & **Jessica**

Dermalogica facials/Spray tanning/Waxing/Eye treatments/Jessica manicures & pedicures/Foot maintenance (nail trimming and hard skin removal)/LVL Eyelash perming/Eyelash extensions/Make-Up. I now offer reflexology

> Covering the heart of beautiful Suffolk Please phone for any enquiries or a full price list Megan Pryke VTCT, BABTAC

07876 717 008

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"CAFÉ COMO"

Not on the shores of the famous lake, but in our neighbouring village of Brent Eleigh: this charming venue for light refreshment has just celebrated its first anniversary. Very tastefully appointed, with all the latest coffee gadgetry and a wall sized picture of its namesake dominating, it's a most welcome local amenity. Coffee's good, home-made cakes outstandingly good, all served with consummate charm by the proprietor, Miranda. Open Thursday, Friday, Saturday, Sunday.

On the road to Monks Eleigh, 200yds past "The Cock", on the left, entered via a five-bar gate - open, with plenty of parking.

PICTURE THIS!

We welcome any photos you have, taken in strange/exotic/unusual places, carrying your copy of the Preston Parish Paper.

We would also love to hear from any villagers who have news, musings, accounts of events etc., for inclusion in future editions of the PPP

Email to pstmppaper@gmail.com

LAVENHAM AIRFIELD WALK



SUNDAY 17th SEPTEMBER 2017 10.00 am from The Control Tower at the Airfield to finish 1.30pm Must book in advance 01787 248207 Adults £10 Child £5.00 *Map/directions will be given on booking*

A tour around the WW2 Airfield of the 487th Bomb Group, learn of the lives of the airmen on and off base. Some of the old buildings still remain – a morning reminiscing. Also the Military Vehicle Trust bring some of their WW2 vehicles along

Please wear sensible shoes – sorry no dogs allowed

RIDE AND STRIDE – THE SUFFOLK HISTORIC CHURCHES BIKE RIDE SATURDAY 9th SEPTEMBER - A REMINDER

Please don't forget that Saturday 9th September is the day of the Suffolk Historic Churches Bike Ride – now renamed Ride and Stride. Walkers as well as cyclists are now encouraged to take part, (though horses and motorbikes are not allowed). As always the aim is to cycle (or walk) to some of the fine old churches and other places of worship we have in Suffolk, and to raise sponsorship money while doing so. Money raised is split equally between our church and the Suffolk Historic Churches Trust.

Preston has always strongly supported this event, and we have been rewarded with several grants from the Trust for works in the church. Our cyclists and church recorders will be asking for sponsorship over the coming weeks, and we hope as many of you as possible will give your support. If you would like to ride or walk - or to help man the church on the day - let me know and I'll give you a sponsorship form. This is a charity which supports our own village and county and it's in our own interests to support it.

Thank you all very much.

Robyn Lloyd Hughes 01787 247571

The Friends of Preston St Mary Church

A very big thank you to all residents of Preston St Mary who have either joined or re-joined our Society, paying the new subscription of £10 per member for 2016/17, thus helping to keep our beautiful Church open for Villagers and visitors alike. At the moment we have 105 paid up members, up from 38 on February 11th. This is a wonderful effort by so many of you and we were able to celebrate the 19 years of Friends' achievement in our special service on April 23rd led by Ordinand, Elke with singing by Lyn Davis and Glynis Huggett and readings by Tim Bridges and Hilde Crapnell. This was followed by a most enjoyable lunch and get together. Thank you all very much for your support and if you haven't joined us yet and would like to, please send your subscriptions to me at Preston Hall. CO10 9NQ.

Janet Martin Chairman, Friends of Preston St Mary Church.

NEW ARRIVALS

Richard and Janet Martin are delighted to announce the birth of their tenth grandchild, Mimi Alexandra born on 14th July at 10.52 am weighing in at 7lbs 6ozs, a sister for Juliette, Poppy, Oscar Alexis and Duke. All are well and very happy.

Tim and Anne Coxon and the whole family are delighted to announce the birth of Matilda Daisy Coxon, born at 18.49 on 4th June weighing 7lb 7oz, their first grandchild, and a daughter for James and Helen who were married at Preston St Mary on 6th June 2015.

PRESTON ST MARY PARISH COUNCIL

web: prestonstmary.suffolk.cloud

Draft Minutes of the Annual Parish Council Meeting of Preston St Mary Parish Council held at 7.30 p.m. on Friday 30 June 2017 in the Village Hall

Present: - Councillors K. McGrory; K. Hanlon; R. Bardzinski; A Luck and R.Martin.
Also present: Nicola Smith-Parish Clerk, and District Councillor Mr Clive Arthey.
County Councillor Mr Robert Lindsay sent his apologies as he had other commitments that evening but had sent a report to the Clerk ahead of the meeting.

The Parish Clerk explained that unfortunately the Annual Parish Council Meeting that had been organised for the 23rd May 2017 could not achieve quorum, and therefore the Meeting had been re-arranged to the earliest possible date when quorum was achievable.

- 1. <u>To receive nominations for the position of Chair and to appoint the Chair</u> Cllr Martin proposed Cllr McGrory, Cllr Bardzinski seconded, all Cllrs agreed. Cllr McGrory accepted the nomination and was therefore duly appointed as Chair.
- 2. <u>Chair to sign Acceptance of Office form</u> Cllr Kerrie McGrory signed the Acceptance of Office Form, the declaration being made before the Parish Clerk who also signed.
- **3.** <u>To receive nominations for the position of Vice-Chair and to appoint Vice-Chair</u> Cllr Martin nominated Cllr Bardzinski. Cllr Hanlon seconded. All Cllrs agreed. Cllr Bardzinski accepted the nomination and was therefore duly appointed as Vice-Chair.
- 4. <u>Vice-Chair to sign Acceptance of Office Form</u> Cllr Bardzinski signed the Acceptance of Office Form, the declaration being made before the Parish Clerk who also signed.

5. Apologies

- i. Cllr Bisson had sent his apologies due to unforeseen circumstances;
- ii. All Cllrs consented to accept Cllr Bisson's apology.

6. <u>To receive Members' Declarations of Interest</u>

- i. No disclosures of pecuniary and non-pecuniary interests for the Agenda under discussions;
- ii. No gifts of hospitality received;
- iii. No requests for dispensation for pecuniary interests not applicable for the Agenda under discussion.
- 7. <u>Minutes of Meeting</u>: All Cllrs confirmed that they read through the draft Minutes of 28 March 2017 and agreed them to be a true and accurate record. Chairman signed and dated the Minutes

Agenda Item	Matter Arising	Action Taken
8ii	Can transparency monies	Monies are to be used for the
	claimed for be used to	purpose for which they are
	purchase a projector instead of	claimed. No transparency
	a scanner.	monies were granted for a
		printer/scanner or indeed a
		projector.
		On further investigation the
		Clerk confirmed that a scanner
		had been purchased out of
		precept monies (not
		transparency grant) and she had
		contacted the retired Clerk and
		will arrange to collect it as it is a
		PC asset.
8iii	Co-option following	PC is to consider co-option of Mr
	resignation of Mat Shenton	Jack Tasker at its September
		Meeting. Mr Tasker was away
		and therefore unable to attend
		this Meeting.
8iii	Draft Emergency Plan for PC to	Clerk has prepared a working
	consider at May Meeting	draft for consideration and
		suggested amendments by the
		PC.
8iii	PPP	Mr Robyn Lloyd-Hughes and Mr
		Jack Tasker have together taken
		over the PPP and there has
		recently been a handover
		meeting with Caroline Gove.
8iii	Chevrons at Money Hole	Councillors advised that these
	Corner	works had now been carried out.
		Cllr Martin queried why there
		was only one chevron he thought
		that it was agreed chevrons in
		both directions. Discussion took
		place and Clerk was asked to
		contact SCC Highways to clarify
		the matter.
8iii	Parking on Preston Road,	Lavenham PC are in constant
	Lavenham.	discussions with SCC highways.
		Works on Water Street are
		taking precedence at the
		moment, but Lavenham PC
		continue to try to find a solution
		to Preston Road with highways.
		to rreston road with highways.

8. <u>Matters arising from the Meeting on 28 March 2017</u>

9. District Councillor, Mr Clive Arthey's report:

District Cllr Arthey reminded the PC that Babergh's move to Endeavour House is still on schedule for July/August.

The update from matters reported at the Annual Parish Assembly is in relation to the Boundary Commission review. The plan is for the current number of 43 wards to be reduced to 31 wards. Cllr Arthey's current ward size is over the 10% variance and as such it is potentially one of the wards whose boundaries may change. There is the potential for Preston St Mary to come out of ward and become part of a different ward. Would the Parish Council have any particular comments to make on any affiliation, or lack of affiliation, with neighbouring villages?

Following discussion Councillors answered that they would not, if possible, like to be in a different ward to Brent Eleigh and Kettlebaston. The last house in Whelp Street, is within the boundary of Brent Eleigh and the village has close links to Brent Eleigh and Kettlebaston.

10. County Councillor, Mr Robert Lindsay's report:

New Look County: Since being elected along with two other Green councillors in Suffolk, I have found myself in a council on which the Conservatives have increased their majority to 52 out of 5 seats. Greens have gone from two to three and Labour and LibDems have come down slightly. We Greens have teamed up with independents and LibDems to form a single group which will ensure that we have a presence on all committees and access to officers for briefings on what the 100% Conservative cabinet is up to. I have been appointed to the **audit committee** and the **pension committee**. **More say for backbenchers**

Latest plans are for there to be four cabinet committees on the county council each with 12 members, to include two from our group and two from Labour, 8 Conservatives. **Risky Pension?**

The pension committee is preparing to put the bulk of its £2.6bn in assets into a "pooled pot" with other local authorities across the East and South East as demanded by central Government. This will reduce, but not remove, the ability of Suffolk County Council to invest sums in the local economy, which is something I am keen so see it do. Though it is early days I would also like to see the pension fund examine whether it is wise to remain so heavily invested in fossil fuel companies since I agree with the Governor of the Bank of England, Mark Carney, who has warned that government legislation to cut CO2 emissions could pose a substantial risk to the value of oil and gas assets.

$\pounds400K$ on care beds for the dead

I have attended my first audit committee which heard that the council has inadvertently paid £400,000 to private care homes for beds for people who have died. This seems to have been a mixture of some care homes not telling the county when their patients have dies while in other cases they told the county but no one in the county told the people

making the payments. Fortunately, this was spotted by the head of internal audit and we are told better internal reporting measures introduced. The last time they checked the overpayments had reduced to just £40K. The county has recovered all the money it is owed. The county's own care homes were all outsourced about four years ago to Care UK. I suspect that when this contract happened county staff were not geared up to control payments.

Verge cutting

I asked highways what was going on with verge cutting on the back lanes since they are usually cut by now. The verge cutting schedule is now publicly available on the council website. <u>https://www.suffolk.gov.uk/assets/Roads-and-transport/Grass-Cutting-</u>2017/Grass-cutting-Babergh.pdf

A and B roads receive two cuts per year while minor roads get one cut, both of the first 1.2 metres of the verge. The schedule shows that minor roads in Preston should be done by end of July. You are probably aware the road maintenance outsourcing contract with Kier has not been very effective and staff on the contract are currently being reshuffled in an attempt to get problems sorted.

Pothole warden?

I am aware that potholes have been a big issue especially on some of our smaller country lanes such as around Preston. The pothole reporting tool on the county council website is effective at getting action, so reporting anything on there is really important. Trouble is everyone assumes that somebody else will have reported it. One suggestion to get around this is to appeal for a volunteer pothole recorder who can enter the locations of any potholes in the village on the site.

I look forward to working with you all and the Preston community.

11. Public Forum: No comments.

12. Correspondence: (General correspondence had circulated by email to all Councillors).

i. Email from parishioner concerning 3 x trees on the Village Green. Clerk had obtained document from Land Charges department confirming that the Village Green is owned by the PC. Following discussion Chairman proposed and Vice Chairman seconded that the Clerk should contact Suffolk Tree Services who have offered to give guidance on what maintenance the trees require (free of charge), and ask STS to provide guidance on all the trees on the Village Green so that a maintenance programme for those trees can then be considered alongside the PC precept monies.

13. Clerk's Report

i. to consider schedule of items approved and awaiting authorisation;

Receipts since 28.03.17		
Precept (1 of 2 payments)	2350.00	
Schedule of Item approved (at meeting	g on 28/03/17)	
100549 SALC Cllr Training	120.00	LGA1972
Schedule of Items awaiting authorisat	<u>ion</u>	
100550 N Smith (salary)	204.12	LGA s112
100551 HMRC (tax and NI)	51.00	Inc&CorpTaxes Act
100552 Suffolkbiz (website)	100.00	LGA 1972
100553 E.on	25.59	LGA 1972
100554 SALC (subscriptions)	129.63	LGA 1972
100555 Chilton Office Supplies	100.80	LGA 1972
100556 PCC (50% of annual grant)	400.00	LGA 1972
100557 Village Hall (50% of annual grant)	400.00	LGA 1972
100558 Chilton office Supplies	63.00	LGA 1972
••	1474.14	

ii. To receive a report on the Council's financial position; Summary: B/Fwd as at 1 April 2017 Community Account 5180.03 Business Saver Account 501.02 Less unreconciled cheques 1131.61 Plus Precept (1 of 2) 2350.00

Less items awaiting authorisation

5425.30

6899.44

1474.14

iii. to consider increasing the number of signatories on the Council's bank accounts (currently 2 signatories). Cllr Bardzinski had raised this with the Clerk. All Cllrs agreed it was a good idea to increase signatories from 2 to 4 (Standing Orders would be amended to reflect this change). Cllr McGrory and Cllr Hanlon both agreed to become signatories and bank mandate forms were provided to them to complete and take into the bank with their forms of ID.

14. Annual Accounts for the Year Ending 31 March 2017

- i. Cllrs had been provided with the Annual Accounts and Internal Auditors report prior to the Meeting. The Internal Audit had been successful.
- ii. Cllrs considered and approved the Annual Governance Statements for 2016/17. The Chair signed the statement as did the Clerk.
- iii. Clerk provided Cllrs with the current Asset Register which totals £3800. All Cllrs agreed this Asset Register. Cllrs considered and approved the Accounting Statement for 2016/17. The Chair signed the statement as did the Clerk.
- **15.** <u>Update on draft Emergency Plan:</u> Cllrs had been provided with the first draft of the Plan prior to the Meeting. Next steps are to contact volunteers from the questionnaire regarding various roles, organise a "telephone tree", and finalise the draft. Clerk will report back at the next Meeting.
- 16. <u>To consider and approve the Parish Council's arrangements within the village, in the event of the passing of a senior member of the Royal Family.</u>

Following discussion Chair, Cllr McGrory proposed and Cllr Martin (all Cllrs agreed), the following:-

- the PC would have a representative present at any Church service within the Village;
- a joint letter of condolences from the PC and the PCC would be sent to Buckingham Palace;
- an article would be put in the local Preston Parish Paper;

17. Councillor's Report:

Cllr Hanlon reported that FP12 was overgrown, but it should be cut back shortly.

Cllr Hanlon had recently added a local authority arranged meeting where a talk was given about planning application. One of the speakers had indicated that they were happy to come along to PC Meetings and explain how the District Council applied criteria to planning applications. It was agreed by all that this would be useful, and Cllr Hanlon would try to arrange for the speaker to come along to a PC Meeting.

18. Planning

<u>Decision Notice</u> Application No: B/17/00220 – Ghost Pond Barn, Rookwood Lane, Preston St Mary. Application under section 73 of the Town and Country Planning Act (1990) to remove condition 3 attached to B/05/01242/FUL (Conversion and extension of agricultural building to form 1 No. unit of holiday accommodation). **Permission has been refused.**

Meeting closed at 8:40pm Next Meeting: 19th September 2017

ATTENTION ALL SCHOOL LEAVERS! THE ROBERT RYECE CHARITY

In the 15th & 16th centuries the Ryece (or Ryce) family owned Preston Hall. There were several generations named Robert, one of whom was a famous student of heraldry and local history. He wrote a book entitled "The Breviary of Suffolk", which describes the county in general and its heraldry in particular. He is the one who instigated the many coats of arms in the windows of the parish church. There were originally 160 of them, but many of them were destroyed when the tower collapsed into the nave in 1863. The remaining 52 coats of arms are still a notable feature of our lovely church.

One of the many things that he did for the village was to found this charity, the aim of which is to offer support to school leavers and apprentices of the Parish in the form of grants to assist them with the purchase of books, equipment, tools, special clothing, etc to help them in their studies and/or training. The grants are modest but have nevertheless proved to be useful to previous recipients.

Any school leaver is invited to apply for a grant to help them with the cost of their chosen career, either further study, an apprenticeship or other training. Please direct your enquiry by 1st September to Keith Davis who is one of the trustees.

Keith's contact details: Addington House, Whelp Street, Preston St Mary CO10 9NL Tel: 01787 247112 E-mail: <u>keithhdavis@btinternet.com</u> (don't forget the silly 2nd "h" in the address)

UNITED BENEFICE OF LAVENHAM WITH PRESTON ST MARY

Rector: The Revd. Stephen Earl The Rectory, Church Street, Lavenham, Sudbury, CO10 9SA Tel: 01787 247244

> Curate: The Revd. Elke Cattermole Over Hall, Bures St Mary, CO8 5BN Tel: 07957 419055

Community Minister: Captain Paul Tyler

7 Weavers Close, Lavenham, Sudbury, CO10 9QN Tel: 01787 829788

Reader: Mr Pete Postle

7 Hall Road, Lavenham, Sudbury, CO10 9QU Tel: 01787 248564

CALENDAR OF BENEFICE SERVICES FOR AUGUST 2017

SUNDAY 6th August	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
TRINITY 8	LAVENHAM	10.15AM	MORNING WORSHIP
	PRESTON	From 11.30am	Coffee and Refreshments before
		12.00 NOON	'PRESTON PRAISE'
SUNDAY 13th August	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
-			
TRINITY 9	LAVENHAM	10.15AM	PARISH COMMUNION
	PRESTON	12.00 NOON	MORNING WORSHIP WITH BAPTISM – Emily Doyle
SUNDAY 20th August	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
TRINITY 10	LAVENHAM	10.15AM	PARISH COMMUNION
	PRESTON	6.00PM	EVENSONG (BCP)
SUNDAY 27th August	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
TRINITY 11	LAVENHAM	10.15AM	PARISH COMMUNION
	LAVENHAM VILLAGE HALL	6.00PM	SONGS OF PRAISE (ecumenical with brass band) No service at Preston

THE FOLLOWING MID-WEEK SERVICES ARE HELD IN LAVENHAM CHURCH EVERY WEEK

WEDNESDAY

10.00AM HOLY COMMUNION

Note: BCP = Book of Common Prayer (traditional language)

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Reader: Mr Pete Postle 7 Hall Road, Lavenham, Sudbury, CO10 9QU Tel: 01787 248564

CALENDAR OF BENEFICE SERVICES FOR SEPTEMBER 2017

SUNDAY 3 rd September	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
TRINITY 12	LAVENHAM	10.15AM	MORNING WORSHIP
	PRESTON	From 11.30am	Coffee and Refreshments before
		12.00 NOON	'PRESTON PRAISE'
SUNDAY 10th September	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
TRINITY 13 Blessed Virgin Mary (trans)	LAVENHAM	10.15AM	PARISH COMMUNION
	PRESTON	12.00 NOON	PATRONAL FESTIVAL followed by Picnic Lunch Preacher: Canon Philip Banks
SUNDAY 17th September	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
TRINITY 14	LAVENHAM	10.15AM	PARISH COMMUNION
	PRESTON	6.00PM	EVENSONG (BCP)
SUNDAY 24th September	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
TRINITY 15	LAVENHAM	10.15AM	PARISH COMMUNION
	PRESTON	6.00PM	HOLY COMMUNION

THE FOLLOWING MID-WEEK SERVICES ARE HELD IN LAVENHAM CHURCH EVERY WEEK

WEDNESDAY 10.00AM HOLY COMMUNION

Note: BCP = Book of Common Prayer (traditional language)