

# PRESTON PARISH PAPER

Village Activities & News | St Mary's Church | Local Clubs & Events

## Dates for your Diary

### CANCELLATION

The planned talk in the Church on 21st June by Clive Paine will NOT now take place due to Clive's illness

Sunday 2nd June 12.00 noon – Rogation Service, Farm Walk and BBQ at Priory Farm

Friday 7th June (Outing)  
10.00am – Ladies Club – Pottery with Sandy Larkman

Monday 10th June (Village Hall) 7.30pm - Ladies Club – Gail's Glass

Sunday 16th June – Fathers' Day

Saturday 29th June 3.00pm – Strawberry Tea at Hatherley Cottage

Sunday 7th July 11.30am for 12.00 noon – Preston Praise in the Church

Monday 8th July – Ladies Club tba

### EDITORIAL

Thank you for all your support, and for your contributions to the PPP.

Our Editorial email address is: [editorpstmpaper@gmail.com](mailto:editorpstmpaper@gmail.com) for future contributions.

## THE ROYAL WARRANT



By Appointment to  
HM The Queen

Mark Ward, Managing Director of Command Pest Control, recently received a letter from Buckingham Palace awarding his Company the Royal Warrant for the supply of services to Her Majesty the Queen. Preston is privileged to be the home of such a distinguished organisation, and our congratulations go to Mark and all his team.

## MONICA LANE

Monica Lane, of Nether Hall Farm, died on Wednesday 8th May at the age of 84. Monica had lived in Preston earlier in her life and remained a familiar figure in the village – a regular at our church services and at events in the Village Hall. Her funeral will be in Preston St Mary Church at 11.00am on Thursday 6<sup>th</sup> June.

## RUTH GLADDEN

It is with great regret that we report the death of Ruth Gladden on Wednesday 22nd May. She died at her home in Australia with family and close friends around her. Ruth until recently lived in Kettlebaston, and until she moved away she was well known to many of us in Preston as a member of the Ladies Club and the Art Group.

**If you've any thoughts, points of view, experiences or protests to share, please write to the editors. We would love to hear from you, and so would the rest of our readers.**

## WHO'S WHO IN THE VILLAGE

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### Parish Council

CHAIRMAN	Kerrie McGrory	<a href="mailto:montyone1@hotmail.com">montyone1@hotmail.com</a>
CLERK	Nicola Smith	<a href="mailto:prestonpcclerk@gmail.com">prestonpcclerk@gmail.com</a>

### Parochial Church Council

RECTOR	Revd Stephen Earl	247244	<a href="mailto:earls2222@btinternet.com">earls2222@btinternet.com</a>
CHURCHWARDENS	Janet Martin	249020	<a href="mailto:janet.martin@btconnect.com">janet.martin@btconnect.com</a>
	Keith Davis	247112	<a href="mailto:keithhdavis@btinternet.com">keithhdavis@btinternet.com</a>

### Friends of Preston St Mary Church

CONTACTS	Janet Martin	249020	<a href="mailto:janet.martin01@btconnect.com">janet.martin01@btconnect.com</a>
	Laura Ashford	247069	<a href="mailto:lmrashford@gmail.com">lmrashford@gmail.com</a>

### Village Hall

CHAIRMAN	Annie Mason	247100	<a href="mailto:ranniemason@btinternet.com">ranniemason@btinternet.com</a>
SEC./BOOKINGS	Sue Diggins	247810	<a href="http://sdiggins2rda-east.org.uk">sdiggins2rda-east.org.uk</a>

### Art Group

Monday mornings, 3 terms of 10-12 weeks

NEW MEMBERS	Judy Legg	247515	<a href="mailto:judyannlegg@gmail.com">judyannlegg@gmail.com</a>
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### Ladies' Group

Informal gatherings arranged for most months of the year, usually on Mondays

CO-ORDINATOR	Anne Springall	247156	<a href="mailto:annespringall@gmail.com">annespringall@gmail.com</a>
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### Table Tennis

Thursday Evenings at 7.30 in the Village Hall

CO-ORDINATOR	Dave Williams	<a href="mailto:williams.jackdaws@btinternet.com">williams.jackdaws@btinternet.com</a>
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### Carpet Bowls

Friday Afternoons at 2.30 in the Village Hall

CO-ORDINATOR	Dave Williams	<a href="mailto:williams.jackdaws@btinternet.com">williams.jackdaws@btinternet.com</a>
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### The Six Bells Pub

Ella Etheridge	247440	<a href="mailto:reservations@thesixbellspreston.com">reservations@thesixbellspreston.com</a>
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### Neighbourhood Watch

CO-ORDINATORS	Sue Cawston	247189	<a href="mailto:kishcash@tiscali.co.uk">kishcash@tiscali.co.uk</a>
	Mervyn Cochrane	247810	

### Tree Warden

Kate Hanlon	249647	<a href="mailto:katemaryhanlon@gmail.com">katemaryhanlon@gmail.com</a>
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### Preston St Mary Parish Paper

News of events & village life, distributed free to every household, bi-monthly

EDITORIAL BOARD	Robyn Lloyd Hughes, Jack Tasker, Caroline Gove	<a href="mailto:editorpstmppaper@gmail.com">editorpstmppaper@gmail.com</a>
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### Doctors' Surgeries

Bildeston	01449 740254	Lavenham	378226
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### Local Councillors

<b>Suffolk County Council</b>	Robert Lindsay (Green Party)	<a href="mailto:robert.lindsay@suffolk.gov.uk">robert.lindsay@suffolk.gov.uk</a>
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<b>Babergh District Council</b>	Robert Lindsay (Green Party)	<a href="mailto:robert.lindsay@suffolk.gov.uk">robert.lindsay@suffolk.gov.uk</a>
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<b>Community Liaison Officer</b>	Cally Boardman	<a href="mailto:cally.boardman@suffolk.gov.uk">cally.boardman@suffolk.gov.uk</a>
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**Police - Non-emergency number 101**

**Police Community Engagement Officer – PC Jon Gerrish** [ceosudburyhaverhill@suffolk.pnn.police.uk](mailto:ceosudburyhaverhill@suffolk.pnn.police.uk)

**Our Ward is North West Cosford**

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**JUNE & JULY 2019**

**PASTORAL LETTER FROM THE RECTOR, THE REVD STEPHEN EARL**

**‘Thy Kingdom Come’:** *Thursday 30 May – Sunday 9 June*

Dear Friends,

Words from the Lord’s Prayer ‘**Thy Kingdom Come**’ have become the strap-line for the Church’s prayer focus for each other and for the world especially over the period between the two great post-Easter festivals of the Ascension and Pentecost.

After the very first Ascension Day, the disciples gathered with Mary, the mother of our Lord, constantly devoting themselves to prayer while they awaited the outpouring of the Holy Spirit at Pentecost. Like them, our reliance on the gift of the Holy Spirit is total – for on our own we can do nothing. Which is why, through the centuries, Christians have gathered at this time to pray for the coming of the Holy Spirit.

Great hymns such as ‘Come Holy Ghost our souls inspire’, ‘Spirit of the Living God fall afresh on me’, ‘Come down O Love divine’, ‘Spirit of God unseen as the wind’ all inspire our prayers and worship at this time.

The Church’s ‘**Thy Kingdom Come**’ initiative picks up this long-established tradition and gives it a special focus. Over the past three years, more and more worshipping communities have made this a time to pray with passion ‘*Come, Holy Spirit*’ – that the Spirit of God may inspire and equip us to share the love of Christ, and the Good News he brings, with our friends, families, communities and networks. Each year it has been amazing the many varied ways people have taken up this challenge, and the effects have been remarkable.

As across the country and among churches of all traditions, the parishes of Lavenham and Preston St Mary are this year once again asking everyone to join in praying for the renewing and empowering of the Holy Spirit. It is our prayer that those who have not yet heard the Good News of Jesus Christ and his love for the world, or who have heard and have not yet responded, will take this to heart themselves and follow Him. Specifically, we invite every Christian to pray that God’s Spirit might work in the lives of five friends, maybe family, maybe others, who have not yet responded with their own personal ‘Yes’ to God’s call.

Supporting this initiative, on each of the days from Thursday 30<sup>th</sup> May to Sunday 9<sup>th</sup> June inclusive, there will be a chance to gather with others in Lavenham Church to pray for the Holy Spirit’s outpouring in God’s world and among his people, including opportunities for lighting candles in the Lady Chapel for individuals on our hearts and for world situations.

We do hope you will join us for whatever time you can spare – even if just on one of these occasions! The prayer times and church services for the period are set out on the following page.

The fruit of the Spirit is –

**love, joy, peace,  
patience, kindness, goodness,  
faithfulness, gentleness and self-control.**  
(Galatians 5:22)

With every blessing,

*Stephen.*

### **Thy Kingdom Come** **Thursday 30 May to Sunday 9 June**

Many people are only prompted to explore the Christian faith when someone cares enough about them to pray for them or to share their own faith with them.

During the 10-day period from Ascension Day (30 May) to Pentecost Sunday (9 June) we are inviting all Christians to pray for five friends, maybe family, maybe others, who have not yet responded with their own personal 'Yes' to God's call.

We hope that many in our community will, in their own homes, choose to pray at 9:00am each day knowing that others are also choosing to pray for their friends at exactly the same time.

We are also planning a number of events within the church. These include:

- 5 minutes of led prayers and readings at 11:00am each day (not Sundays);
- Parish Communion at 10:00am on Thursday 30 May (Ascension Day)
- Morning Worship (no communion) at 10:15am on Sunday 2 June;
- Parish Communion at 10:15am on Sunday 9 June (Pentecost Sunday)

If you would like to know more about *Thy Kingdom Come* why not watch a short 6 minute video featuring Archbishop of Canterbury Justin Welby's, journey to faith which can be viewed at <http://lavenhamchurch.onesuffolk.net/>

This short, 10-day period between Ascension Day and Pentecost is an ideal time in which to consider matters of faith.

If you are able, please come along to one of our services or other events.

Unless a service or other event is taking place, our Lady Chapel is usually available for prayer and quiet reflection each day between 8:30am and 6:00pm.

### **Bishops' Lent Appeal - Bwana Asifiwe! Praise the Lord!**

Thank you so much to all who have again enthusiastically supported the Bishops' Lent Appeal and raised money to help our brothers and sisters in Kagera. There have been Lent lunches, darts matches, special services, and of course the daily Lent challenges. There has even been a sponsored cycle ride to Kagera (or the equivalent distance on exercise bikes). There have been donations large and small from groups and from individuals, and all are valuable.

We hope to be able to announce how much has been raised overall soon. In the meantime, in Kagera, the work of the Church and Community Mobilisation Process, of Kagera Christian Theological College, and of Ngara Anglican Primary School continues, thanks to your support. Thank you again. Asante sana!

Our Rector adds:

*Members of Lavenham and Preston St Mary Churches supported the Bishops' Kagera Lent Appeal using the colourful day-by-day prayer guide, and through one of the Lent lunches which raised £207 specifically for the training of pastors at KCTC (Kagera Christian Theological College).*

*Well done & thank you all for generously supporting our link diocese in Tanzania.*



St Peter & St Paul ~ Lavenham



**WELCOME**  
**to**



***'TODDLER TIME'***

*for*

***Under Fives & Their Carers***

***at 9.30 am***

**EVERY 1st TUESDAY**

***in the month***



***Stories, Songs, Fun***

***&***

***Refreshments***



**JUNE & JULY 2019**

## **VILLAGE HALL NEWS**

### **100 CLUB**

The committee members are gradually getting around the village and hopefully by the time you read this you will have been asked for your 2019 membership of the 100 Club. This is an important part of our annual income stream and we are very grateful to all who support it. Our first two draws (of four per year) will be made soon and the winners announced in the next issue of the parish paper.

### **AGM**

This took place on 10<sup>th</sup> April and proceeded without hitch or trauma. Current officers and all trustees were re-appointed. If anyone else wishes to be involved in what we do, please speak to any of the office holders - see below for their details.

#### ***Preston Pop-up Choir***

*The choir performed at the recent Christian Aid lunch held in Lavenham's Village Hall – and with great aplomb! The theme this time was the world and how we might improve it, an expansion of the work of Christian Aid. Encouraged by Lyn who teases out the best in us, we sang our hearts out, finishing with a universal call for peace in the shape of the song “Shalom Shalom”.*

*Our next outing is the final lunchtime concert in the Lavenham Vox series in Lavenham Parish Church, which will take place from 12 noon to 12.30 each Saturday through June and July. Our performance is on 27<sup>th</sup> July, when we will share the platform with the choir from the “home” church and with The Shanty Folk.*

***ALL WELCOME TO ATTEND! Free admission – retiring collection – refreshments available afterwards.***

### **FUNDING**

Our efforts to attract the extra funding required for the extension to the kitchen and the indoor toilets continue. We are still short of our target though we have applied to various charitable funds for help. If any residents have any bright ideas, please let us know.

### **FUTURE EVENTS**

At a recent committee meeting we discussed which events to arrange this year. Nothing firm at this stage but several ideas – watch this space!

**ANNIE MASON, Chairman, 01787 247100 (PC title “The Chair”)**  
**SUE DIGGINS, Secretary, 01787 247810 (PC title “The Quill”?)**  
**KEITH DAVIS, Treasurer, 01787 247112 (PC title “The Till”?)**

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## **Preston St. Mary Carpet Bowls Club**

At the time of writing club membership has risen to 16 members. Carpet Bowls is a relaxed game suited to all ages and abilities. Our skill level is varied, but all who come say they thoroughly enjoy the exercise, the challenge of learning a new skill and the social side of sessions. We have been offered matches with other villages and, once we have honed our playing skills, we aim to take these up and enter into some friendly rivalry!

Unlike outdoor games we are not weather dependant and play all year round. We play on two mats in the Village Hall, with two teams of four on each mat. We still have vacancies for new members since not everyone can attend every session.

We play in everyday clothing, and all equipment is supplied by the Village Hall. Do come along any Friday afternoon from 2.30pm until 4.30pm. You can be sure of a very warm welcome.

Contact **Jacquie Williams** on **01787 248446** / [williams.jackdaws@btinternet.com](mailto:williams.jackdaws@btinternet.com)

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## **Preston St Mary & District Art Group**

Our Art Group has been meeting for many years in the Village Hall, three terms of 10 or 12 weeks every year at 10am on Mondays. We have averaged ten to twelve members – of all abilities – at a membership fee of £45 a term, which has enabled us to have lessons from professional tutors, including well-known local artists such as Mossy Kennedy and Sandy Larkman, and now also Kate Hanlon. Although several new members have joined us recently we are still keen to recruit new members. It is a very friendly and informal group and you are assured of a warm welcome. Whether you are already a skilled amateur artist or an absolute beginner you will find help, encouragement and sometimes even a bit of village gossip!

Please contact **Judy Legg** on **01787 247515**.

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## **Lavenham, Preston & District Gardening Club**

We generally meet on the last Tuesday of the month, at Lavenham Village Hall, but in July we will be in Chelsworth at the home of our last Chairman for a Summer Garden Party; no meeting in August, then it's our 'Lavenham Gardening Club Show' on 11th September, which includes produce, plants, flower arrangements, home-made wine and preserves, cake making, crafts, painting - and photography! This year we are adding classes specifically for children from Lavenham CPS and the Pre School, as we have been actively helping nurture interest. As well as the foregoing, we have a limited Summer programme of visits to gardens in Suffolk & Essex. For all enquiries Contact **Michael Warner** on **01787 247615** or email [Michael.warner13@btinternet.com](mailto:Michael.warner13@btinternet.com)

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## **Preston St Mary Table Tennis Club**

The Table Tennis Club, which meets in the Village Hall on Thursdays at 7.30pm has space for new members. Absolute beginners are welcome. (Meetings are often followed by a swift tipple at the Bells.) Contact **Geoff Poole** on **01787 249600** or **Dave Williams** at [williams.jackdaws@btinternet.com](mailto:williams.jackdaws@btinternet.com)

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## **Strawberry Tea at Hatherley Cottage**

Our annual Strawberry Tea, held on behalf of SPANA (Society for Protection of Animals Abroad) is planned for Saturday 29<sup>th</sup> June and will be in the garden (hopefully) at Hatherley Cottage, The Street, from 3pm onwards. For a donation you can have a feast of strawberries, cream, scones, cake, and of course, tea or coffee. We also plan to have a raffle so please put the date on your calendar and come along prepared to donate to a very worthy charity alongside other village folk. Hope to see you there and nearer the time perhaps you could let us know you are coming so that we can cater appropriately.

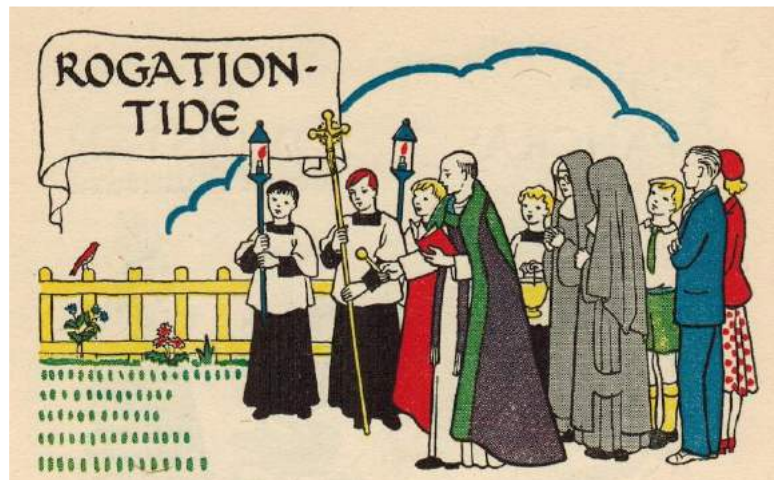
**Judy & Chris Legg. 01787 247515**



JUNE & JULY 2019

# PRESTON ST MARY CHURCH

## ROGATION SUNDAY SERVICE BLESSING THE CROPS AND BBQ



**12.00 NOON SUNDAY 2<sup>ND</sup> JUNE**

A service of thanksgiving in Priory Barn, followed by a tour of the fields blessing the crops as we go, and returning to the Farm for a Barbecue lunch

IF YOU WOULD LIKE TO ATTEND THIS SERVICE PLEASE CALL SUE ON 01787 247810

## THE FRIENDS OF PRESTON ST MARY CHURCH JOIN IN THE FUN!

Participate with fellow villagers in organising major social events such as our renowned Christkindlmarkt Christmas Fair, Choir Concerts, Dances etc and get to know more friendly people.

The Friends of Preston St Mary Church invite you to join their events committee and participate with folks who enjoy themselves at the same time.

The Friends are a non-denominational group who raise funds to preserve the fabric of the church, in the belief that a historic church such as ours is an important building and part of the character that makes up our fine village of Preston St Mary.

To hear more about joining please telephone Janet Martin, 01787 249020, Ralph Crapnell, 01284 828858 or email Laura Ashford, [laursash@yahoo.co.uk](mailto:laursash@yahoo.co.uk)



**JUNE & JULY 2019**

**The Friends of Preston St Mary Church**

**Subscription Renewal Form for 2019**

Following our AGM on Monday 21<sup>st</sup> January our subscription year now starts in that month instead of October.

The Committee hopes that you will continue your valued support of the Society by either renewing your subscription or if you are not a member by joining the Friends now.

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I should like to support the work of the Friends of Preston St Mary's Church by renewing my subscription: **£10** annually, made payable by cheque to the ***Friends of Preston St Mary Church*** and sent to Janet Martin, Preston Hall, Preston St Mary, CO10 9NQ.

Name(s): \_\_\_\_\_

We want to communicate with those who subscribe to us or support us in a way which has their consent, and which is in line with UK law on data protection. Under law we need your consent to how we contact you. Please fill in the contact details you want us to use to communicate with you:

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Address: \_\_\_\_\_

\_\_\_\_\_

Email Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

By signing this form you are confirming that you are consenting to the Friends of the Church of Preston St Mary holding and processing your personal data in order to contact you about your subscription and to keep you informed about news and activities. Please tick the boxes where you grant consent:-

I consent to the Friends contacting me by ☐ post ☐ phone or ☐ email.

Signed: \_\_\_\_\_ Dated: \_\_\_\_\_

You can grant consent to all the purposes; one of the purposes or none of the purposes. Where you do not grant consent we will not be able to use your personal data (so for example we may not be able to let you know about forthcoming services and events) except in certain limited situations. You can find out more about how we use your data from our "Privacy Notice" which is available from our Treasurer, Robert Jennings, Old School House, Preston St Mary CO10 9NF.

You can withdraw or change your consent at any time by contacting Robert Jennings (see above). Please note that all processing of your personal data will cease once you have withdrawn consent, other than where this is required by law, but this will not affect any personal data that has already been processed prior to this point.

*The Friends of the Parish Church of Preston St Mary is a Registered Charity, No 1070593*

### From Preston St Mary's new Tree Warden

I have been the Tree Warden for the village for about six months and although I'm sure many people in the village know more about trees than I do, I am very enthusiastic to learn!

I have a passion for our beautiful Suffolk countryside and am hoping to contribute towards preserving the trees we have, particularly the ancient and veteran ones, and also to encourage the planting of new trees. I have begun the process of identifying and recording the positions of our ancient trees, which is important to monitor their condition and ensure their preservation. I would be grateful if villagers who know of any could let me know.

I am sadly aware of the impact of Ash Dieback on our village Ash trees and hope that eventually these trees will be replaced by similar species and resistant forms of the Ash.

Last year the Woodland Trust offered free packs of fifty sapling trees with guards and stakes for people to plant on their land and I'm glad to say I managed to find homes for 100.

I have just received information that trees are available again this year. The trees are cell-grown, 20-40cm UK sourced and grown saplings. Each pack of 50 comprises 10 Oak, 10 Hornbeam, 10 Field Maple and 10 Small Leaved Lime plus 2 x 5 trees with a choice from Beech, Aspen, Silver Birch, Crab Apple, Wild Cherry or Wild Service tree.

I can order 1, 2 or 3 packs for planting in the village. They will be delivered or can be collected in November and need to be planted by February 2020.

Please contact me if you think you have space for a pack or part of a pack.

We have some beautiful trees on the village green, and I am keeping an eye on their health and condition. The Parish Council are in the process of having work completed where necessary to remove, replace and maintain these. If anyone has concerns about any tree do feel free to speak to me. I am aware that a Cherry tree is dying and that a small Ash is dead.

Kate Hanlon

01787 249647 or 07795834615

Would you like to be the  
Local Recorder for:  
**PRESTON ST MARY**



The Suffolk Local History Council runs a Recorders Scheme throughout Suffolk. We administer a network of volunteers to ensure that the '*present*' is adequately recorded at local level for the '*future*'.

A Recorder will note significant happenings in their parish and collect their local parish magazines, leaflets, election pamphlets and newspaper cuttings. At the end of each year, they are asked to submit a short report summarising the activities of their parish. The reports are deposited at the Suffolk Record Office and available to future researchers together with the collected items.

If you are interested, please look at the Recorders Pack by visiting [www.slhc.org.uk](http://www.slhc.org.uk) to acquaint yourself with the guidelines of the scheme. You do not need to be a historian; you do not need any qualifications other than an interest in your parish. In return you will receive a copy of the SLHC Newsletter and be invited to the annual conference specifically for Local Recorders. To volunteer to help in this important work, please contact [recorders@slhc.org.uk](mailto:recorders@slhc.org.uk)

### “CAFÉ COMO”

Not on the shores of the famous lake, but in our neighbouring village of Brent Eleigh: this charming venue for light refreshment has just celebrated its first anniversary. Very tastefully appointed, with all the latest coffee gadgetry and a wall sized picture of its namesake dominating, it's a most welcome local amenity. Coffee's good, home-made cakes outstandingly good, all served with consummate charm by the proprietor, Miranda. Open Thursday, Friday, Saturday, Sunday.

On the road to Monks Eleigh, 200yds past “The Cock”, on the left, entered via a five-bar gate - open, with plenty of parking.

# CENA

## SUPPER CLUB AT CAFE COMO

A monthly Italian dinner for up to 20 people. We serve a welcome drink followed by a 3-course dinner for £25 per head. Bring your own wine or beer (£2.50 corkage), soft drinks and coffee available. 7-10pm.

Please call or e-mail Miranda for 2019 dates and themes.

Contact 07401 242179 [miranda@cafecomoco.uk](mailto:miranda@cafecomoco.uk)

Off A1141 Brent Eleigh



Fancy improving your fitness level? Making new friends? Having a weekly social event with friends and family? Come along to my Zumba class at Hitcham Village Hall every Thursday evening @ 7pm. This class will be starting on Thursday 4th October and is open to anyone. It is an inclusive class and it does not matter how old, fit you are, or whether you've done a dance class before. The class is £5 a session and will last for roughly 45 minutes, including a range of different rhythms. My name is Lucy Brinkley and I am a certificated Zumba instructor. If you have any questions contact me by email: [brinkleylk@gmail.com](mailto:brinkleylk@gmail.com) or find me on Facebook. I look forward to dancing with you on a Thursday evening.

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Preston St Mary Parish Paper Advertising Charges

ONE-OFF ADVERTISEMENTS

Local Events	Free of charge
Full page advertisements for locals	£9.00
Full page advertisements for non-locals	£18.00

FOR 6 ISSUES

Local Organisations

Third of Page	£9.00
Half Page	£18.00
Full Page	£36.00

Non-Local Organisations

Half Page	£36.00
Full Page	£54.00

Issues: Feb/Mar; Apr/May; Jun/Jul; Aug/Sep; Oct/Nov; Dec/Jan

Editor: [editorpstmppaper@gmail.com](mailto:editorpstmppaper@gmail.com)

Copy Dates: At least one month prior to issue date



# COMMAND PEST CONTROL

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## Grain Handling:

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Command House, College Farm, Church Lane, Preston St Mary, Sudbury, Suffolk CO10 9NQ  
Email: [sales@commandpestcontrol.co.uk](mailto:sales@commandpestcontrol.co.uk) Web: [www.commandpestcontrol.co.uk](http://www.commandpestcontrol.co.uk)





# JUNE & JULY 2019

## PRESTON ST MARY & DISTRICT LADIES CLUB

**New Members** are always very welcome, so do come and join our group of lively ladies. The annual subscription is only £10, and £2 when you attend a monthly meeting, which includes raffle prizes and refreshments. This year, once again, we will be alternating Village Hall monthly meetings with interesting outings, where possible.

Members will be given the Programme dates for 2019 as and when these are arranged. However, Meetings are usually now held on the second Monday of alternative months at 7.30 pm in the Village Hall. See my details at the end of this article if you are interested in joining us - always glad to hear from you.

### PROPOSED DATES FOR 2019

Please note that dates given below for outings might not always correspond to proposed dates because venues may not be available on that date.

#### OUTING

**FRIDAY JUNE 7TH 10.00am – 1.00pm (please note change of date)**

**POTTERY MORNING WITH SANDY LARKMAN** at her studio in Edwardstone. Members had a really wonderful experience and made some lovely pieces of pottery when we last went to Sandy's studio. Sandy is a great teacher and very willing to share her enthusiasm for pottery with us to encourage us to make a piece of pottery to be proud of. Cost is £35 per person including coffee and biscuits. If our last visit is anything to go by, I am sure we will have a terrific time.

#### VILLAGE HALL 7.30pm

**MONDAY JUNE 10TH GAIL'S GLASS.** Gail Bushell, a formed glass artist and designer, will be bringing a range of her stunningly beautiful glass designs for us and will also bring raw products so that she can explain how she uses them for her designs. Gail will also talk to us about the art of cutting and fusing glass and will be bringing finished samples of her work to view, or to buy, if we fall in love with a piece of her work. Please see her website which I am sure you will find interesting: [www.gailsglass.co.uk](http://www.gailsglass.co.uk)

**JULY 8TH** Nothing arranged for this date yet but working on it.

#### OUTING 11.00am-5.00pm

#### WEDNESDAY 7TH AUGUST

**VISIT TO OTLEY HALL, OTLEY** (Nr Stowmarket). Otley Hall is opening its gardens on this date, as part of the Great Garden Trail fundraising on behalf of St Elizabeth Hospice. This beautiful garden is listed as one of 50 Best Independent British Gardens. The moated Otley Hall is surrounded by ten acres of stunning grounds, both formal and informal, where peacocks roam. It has a knot garden, a labyrinth, a vine tunnel. Refreshments will be available. Entrance is £3 per person.

**SEPTEMBER 9TH** Nothing yet arranged for this date but working on it.

#### VILLAGE HALL 7.30pm

**MONDAY OCTOBER 14TH SAMANTHA HARDINGHAM (nee Cochrane)** has very kindly offered to come and talk to us about **TROPIC SKINCARE** and how living a low toxic lifestyle can benefit us all. I am sure we will find Samantha's talk very interesting and just in time to create a 'new you' for the Christmas festivities. Tropic is a multi award winning skincare and makeup range offering over 100 products made from natural ingredients and free from toxins. The Tropic range is made in the Beauty Kitchen in Surrey, Vegan Certified and just one of 300 companies globally to be certified carbon neutral, driving positive change within the Beauty industry and beyond.

## JUNE & JULY 2019

**NOVEMBER 11TH** Nothing yet arranged for this date -

**DECEMBER 9TH** **CHRISTMAS MEAL** venue and definite date arranged nearer to time

I am still working on dates and times and costs for outings based on Members' ideas which include visits to **Suffolk Punch Trust** at Hollesley, **Marks Hall Arboretum**, Coggeshall, Lunch at **Hintlesham Hall**, Tour and Talk at **Bulmer Brickworks, Bulmer**. I am at present finding out available dates and times for these venues. However, what we cannot arrange for this year, the ideas will be a priority for next year.

### REPORT ON PREVIOUS MEETINGS

**Monday April 18th Table Tennis Evening.** We were a small but dedicated group who assembled to play table tennis. The table tennis club Members very kindly set up the tables for us so that we could get started right away. A few of our Ladies had played table tennis before, but some were absolute novices and glad of the opportunity to try their hand at the game. What we lacked in expertise, we made up for with enthusiasm. There was plenty of laughter during the evening as we chased our wayward ping pong balls all over the Village Hall. However, as the evening wore on, we Ladies became much more proficient and managed to create some good volleys and interesting games. All Ladies agreed, that we had had a thoroughly enjoyable evening and would look forward to another evening of ladies only table tennis and would like to thank the Table Tennis Club for setting the equipment up for us, which was much appreciated.

Contact Anne Springall on 01787 247156 or email [annespringall@gmail.com](mailto:annespringall@gmail.com) for more information about any of our meetings.

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### THE BELLES OF "THE BELLS"



Dear Regulars of Preston St Mary,

It is with deep regret that we are leaving our managerial roles at The Six Bells. We'd like to take this opportunity to thank: our 3 wise Sunday (or all week!) monkeys, Ed, Steve & Graham, the Thursday night table tennis gang, our small but perfectly formed Friday night drinking crew, our favourite 'Christmas nut' munchers Gary & Kerry, our fabulous quizzers who have prevailed continually through Suffolk's hardest quiz, and everyone else who has supported the business through thick & thin! We wish the absolute best for the pub and will miss you all. See you soon on the right side of the bar!

Ella & Camilla

### CLIVE PAINE – EVENT CANCELLED

Clive Paine, local historian, was due to give a lecture in Preston St Mary Church on Friday June 21st about the building and its history.

Unfortunately the event has had to be cancelled because of Clive's illness.

#### Preston St Mary Parish Website

Preston St Mary has a website, and we would like to use this for the village to a much greater extent than it is currently. A new page for the Village Hall has recently been added. If you have a club or organisation in the village and would like your details on the website, then please contact the **Parish Clerk** on [\*\*prestonpcclerk@gmail.com\*\*](mailto:prestonpcclerk@gmail.com) or by telephone on **07817 170906**

### FOR THE QUIZZICAL

The Wonders of Whelp Street bounced back to a win at the Six Bells but couldn't raise a team to compete for the coveted Brent Eleigh Cup. It was won by their local pub team by a wide margin and the event raised £500.

#### A NEW CHEF!!

The Six Bells has a new Chef, Daniel Webb. Dan is 28, comes from Great Cornard and has previously worked at the Suffolk Food Hall, The Angel Hotel in Bury and the Ickworth Hotel. Passionate about cooking with local, seasonal, British produce, he loves the veg garden at the Bells. He is also passionate about his bright orange 1972 Volkswagen Beetle, which he likes to take camping and kayaking. JT



#### Josh Braker – The Six Bells

When he's not pulling pints in the Bells Josh enjoys getting up close with exotic creatures like his little friend here.

None of us likes to see wild animals in captivity, but there are some people – like Josh – who we enjoy seeing behind bars, and the bar of the Six Bells in particular.

### POETS' CORNER

The following piece is by Tim Bridges, Preston's own 'Poet Laureate'

#### Preston Past and Present

Like gems they flash in towering halls  
Of memory's vaults, from long dark walls  
They sing their songs, recite their lays,  
Of bittersweet and long dead summer days.

Some flash like diamonds, hard and cold,  
And some, like Suffolk Cyder's gold,  
Have been restored, and dance again  
In sun and sunken Suffolk lane;

And some return to tear at me,  
Bright silver sixpence, cold beneath the tree.

We stand against this massive Suffolk sky,  
We walk these grassy paths as season's fall,  
The fox and hare and hind and you and I,  
And golden memories spread, renew their call  
With every mile we walk, re-gilt again,  
'Till only warmth and love and gold and you remain.

© Tim Bridges 2009



## URGENT

### ROYAL BRITISH LEGION POPPY APPEAL ORGANISER

Each November our annual Remembrance events commemorate those who gave their lives in war for our country and its freedom

In our area - Lavenham, Preston St Mary, Brettenham, Thorpe Morieux and Brent Eleigh - the Poppy Appeal has been organised for some years with great success by Sue Fayers. She would like to hand over to a new volunteer organiser, and we would like to find somebody now to work alongside her this year with a view to taking over from her next year. The work is done over a period from July until the Remembrance services in November.

If you think you can help, or for more information please contact in the first instance:

Robyn Lloyd Hughes, Chairman, Lavenham Branch RBL

Telephone 01787 247571 or e-mail [robynlloydhughes@gmail.com](mailto:robynlloydhughes@gmail.com)



## **PRESTON PEOPLE**

### **Jude Shenton – The Old Post Office**



**Jude with her children Willa and Max**

**1. How long have you lived in the village and why did you come to the village?**

Being born and bred in Suffolk it was a natural progression for me to return to the shires to raise my children. My parents are still on the family farm just 6 miles away. We chose PSM by chance really when we saw the 'For Sale' sign outside the Old Post Office on our return from viewing another property in Brettenham.

**2. Best thing about the village?** The best thing about the village is definitely the people. We have been lucky enough to meet some interesting and wonderful people over the last 12 years.

**3. Favourite spot in the village?** My bed with my kids for a morning snuggle, my garden, my neighbour's cosy living room for a snifter, the pub, so many to choose from. I do love the view as you pop out of the hedge on the footpath that runs down the side of Mr Culverwell's property.

**4. What would improve the village?** A bus service would improve the village.

**5. Hobbies?** I played rugby for many years and now I have started coaching my daughter's team at Sudbury. Other than that, I enjoy skiing, hiking, camping and cooking. I also run but I'm not sure I actually enjoy it!

**6. Guilty pleasure?** I love 80s glam rock, the bigger the hair and the more spandex the better. I was also recently glued to an awful TV show called Yummy Mummies, it's set in Melbourne, Australia, was hideous but I was powerless to resist. It's on Netflix I think if anyone is tempted...

**7. Favourite sport?** Rugby. Great game to play, watch and coach (most of the time).

**8. Favourite TV/Box set?** Sex and the City - watched it so many times and still enjoy it. Just finished the Looming Tower, that was really good.

**9. Favourite music?** Other than 80s glam rock, my favourite bands include Creedence Clearwater Revival, Mumford and Sons and Bon Iver.

**10. Tell us a Secret** I used to be an army cadet and my nickname was Jungle Jude!



**JUNE & JULY 2019**

LEARN ABOUT LIFE ON A WARTIME AMERICAN AIR BASE WITH A GUIDED:

# **LAVENHAM AIRFIELD WALK**

**Home to the USAAF's  
487th Bomb Group during WWII**



**When: Second Sunday  
of May, July, August**

**Time: 10.00 - 13.30**

**Cost: Adults £10,  
Under 16s £5  
(Sorry - no dogs)**

**Booking: Essential**

**Where?:**



**Lavenham Blue  
Vintage  
Tea Rooms**

All proceeds go towards the construction of a  
memorial to those 487th Bomb Group personnel  
who lost their lives whilst serving on the airfield

**01787 248295**

## **‘Lavenham Airfield Walks’**

Interested in the US Army Air Force's presence in East Anglia in WWII? Then spend a morning walking in the steps of the Mighty Eighth's 487<sup>th</sup> Bomb Group on Lavenham Airfield. You will be accompanied by guides who will take you to areas not usually accessible to the public, whilst painting a picture of operational life on the base in WWII and how the airfield will forever be associated with the creation of the film 'Twelve O'Clock High'. The walks take place on the second Sunday of May, July and September from 10.00 – 1.30. Places are limited so booking is essential. Adult tickets cost £10, under 16s £5 (sorry no dogs) and can be booked in person at Lavenham Blue Vintage Tea Rooms in Lavenham or by telephone on 01787-248295

*All proceeds go towards the construction of a memorial to those 487<sup>th</sup> Bomb Group personnel who lost their lives while serving at Lavenham Airfield.*

**JUNE & JULY 2019**

## HISTORY NOTES

### **D-DAY 75**

#### **Vintage 1940's Commemorative Weekend in Lavenham**

**17th – 19th May 2019**

FRIENDS OF  
LAVENHAM AIRFIELD  
COMMEMORATING THE SERVICE AND SACRIFICE OF  
THE 48TH BG, 8TH USAAF



American military vehicles from WW2 filled Lavenham's Market Place during the weekend of 18<sup>th</sup>/19<sup>th</sup> May. Wreaths were laid at the 487<sup>th</sup> BG memorial, and a convoy of 40 Jeeps and trucks paraded through the village to the Airfield, which was open to the public. American visitors who joined us for the weekend included two veterans of the 487<sup>th</sup> BG who had served here in 1944-45.

This year we are commemorating the 75<sup>th</sup> Anniversary of D-Day, the Allied invasion of Nazi-held Europe, which took place on 6<sup>th</sup> June 1944. In the weeks and months preceding the Normandy landings there was assembled in Britain an enormous force of personnel, vehicles, equipment and materiel in preparation for launching and sustaining the operation, codenamed Overlord and combining British, American, Canadian and other Commonwealth and Allied forces.

East Anglia, in common with most of the Southern half of the country, was blanketed with temporary camps and vehicle parks, including the Kentwell Hall estate in Long Melford, which was a temporary infantry transit camp. During late May and early June 1944, the sound of tanks and heavy military vehicles could be heard night and day as units headed for the south coast to embark, adding to the noise of thousands of B17 and B24 bombers.

Overlord was the largest military operation in history, D-Day alone involving 7,000 ships, over 10,000 aircraft, 150,000 men, 500,000 tons of ammunition and 7 million tons of supplies.

This area was especially important as the home of The United States 8<sup>th</sup> Air Force, which flew daily missions with up to 2000 aircraft in the air at once, attacking communications and transport targets in France, Belgium and Germany in order to prevent Hitler from sending reinforcements to Northern France.

On 20<sup>th</sup> May 1944 a USAAF Liberator took off from Sudbury on a bombing mission to the Liège railway marshalling yards in Belgium. Immediately, an engine failed and, trying to gain height, the aircraft hit some trees, stopping another engine. It crashed at Rise Farm, Preston St Mary, and three of the ten crew died. Their names are remembered on Remembrance Sunday each year in Preston Parish Church. Preston Wine Club visited the site on 21<sup>st</sup> May this year and observed a minute's silence to commemorate those who died. Research into the incident was provided by Geoff Poole.

RLH

### HORTICULTURAL NOTES

#### Cover up

A neighbour recently asked me how they could disguise an unattractive fence, so here are a few of my favourite fast growing climbers;

Clematis Montana is a gorgeous and fast-growing early flowerer that grows well in nearly any position, providing a stunning display of blooms in mid to late spring.

Honeysuckle, a personal favourite, with gorgeous scented flowers of varying shades. Evergreen or deciduous, there are many varieties to choose from. This rapid climber will do a sterling job of rapidly disguising an unattractive area of your garden.

Humulus Lupulus 'Aurea' (Golden Hop) is a wonderful strong growing perennial vine with lime green leaves and beautiful papery, cone like fruits in late summer.

This lovely plant dies back in winter but comes back year after year. Hops need a good support and are ideal plant for cottage or Mediterranean style gardens as they thrive in a south or west facing site. An added bonus is that you can dry the branches and fruits and use them for beautiful seasonal decorations in your home.

Finally, Parthenocissus Quinquefolia, (Virginia Creeper), a vigorous semi-evergreen climber that will grow in most positions, including shade, providing lush green foliage throughout the spring and summer and a stunning display of scarlet foliage come the Autumn.

Happy gardening!

Laura Ashford

### COCKTAIL HOUR

Bubbles continues her researches into the finer points of “tippling” and comes up with the following, delicious cocktail:

Aunty Mary

1. Place an ice-cube in a tumbler;
2. Add 2 measures (50 ml) of Tia Maria
3. Add 2 measures (50 ml) of brandy
4. Add 1 measure (25 ml) of single cream
5. Top up with cold milk
6. Add a LIGHT sprinkling of cinnamon.

Stir and enjoy.

Yum, yum. Keep on with the good work, Bubbles! JT



JUNE & JULY 2019



SUFFOLK COMMUNITY FOUNDATION PRESENTS

# Suffolk Dog Day 2019

Sponsored by



**Sunday  
28th July**



**HELMINGHAM HALL  
GARDENS**



**RADIO SUFFOLK**

**EAST ANGLIAN**  
DAILY TIMES



Charity No. 1109453 and Company Registration No. 5369725

[www.suffolkdogday.com](http://www.suffolkdogday.com)

### TRUE STORY

Scientists at Rolls Royce built a gun specifically to launch dead chickens at the windshields of airliners and military jets travelling at maximum velocity.

The idea was to simulate the frequent incidents of collisions with airborne birds to test the strength of the windshields.

American engineers heard about the gun and were eager to test it.

Arrangements were made, and a gun was sent to the American engineers.

When the gun was fired, the engineers stood shocked as the chicken shot out of the barrel, crashed into the shatterproof shield, smashed it to smithereens, blasted through the control console, snapped the engineer's back-rest in two and embedded itself in the back wall of the cabin like an arrow shot from a bow..

The horrified Yanks sent Rolls Royce the disastrous results of the experiment, along with the designs of the windshield and begged the British scientists for suggestions.

You're going to love this.....

Rolls Royce responded with a one-line memo:

"Defrost the bloody chicken."

### A WORD OF ENCOURAGEMENT FOR GRANDADS (AND OTHERS) ON BIKES

**Some days it's hard to find motivation.....**



**Some days motivation finds you!**



# **Preston Praise!**

## **First Sunday of each month**

**“Food-for-the-Soul combined with Food-for-the-Body!”**

**Sunday, 2<sup>nd</sup> June** is Rogation Sunday. Denise and Alan Luck have once again generously offered the delightful Preston Priory Barn. Service at 12 noon, followed by a crop walk and the famous Preston St Mary BBQ. Our guest preacher will be Ruth Dennigan, Discipleship and Ministry Development Officer for the Diocese of St Edmundsbury and Ipswich.

The next Preston Praise on **Sunday, 7th July** will be led by **Janet Martin**. Our new services have been very encouragingly received, preceded as they have been by mini-croissants, Chelsea buns and pains au chocolat, which have gone down very well, along with the fresh coffee or tea.

The format of the service will appeal to those who prefer something rather less formal and a bit shorter than the usual service and at a time which may suit folks better than an earlier service.

- **from 11.30**, refreshments will be served, including fresh coffee (or tea) and “something to go with it”
- **at 12 noon** the service will start, with the aim of finishing within about half an hour, so that we can all leave in good time for lunch!

**Just an hour or so – good fellowship.  
Come and try it!**

**JUNE & JULY 2019**

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Megan is a Beauty Therapist with over 14 years' experience.

I work from my log cabin in Hitcham, which is in a peaceful, rural location and benefits from off-road parking!

Treatments are by appointment only. Therefore you are guaranteed complete privacy and your treatment time is exclusively for you!

**A variety of treatments include:**

Dermalogica Facials/Reflexology/Spray Tanning

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Please phone for enquiries and price list.

**Megan Pryke** VTCT, BABTAC

**07876 717 008**

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**TYE FARM LEISURE CENTRE**

**HEATED INDOOR SWIMMING POOL**

**FULLY EQUIPPED GYMNASIUM**

For hire by the hour at the following rates: pool £7

additional swimmer £5

gymnasium £3 (or with pool, £8)

For further information and enquiries about availability please telephone Karen Marshall, 07946 209103.

Tye Farm, Monks Eleigh Tye

**JUNE & JULY 2019**

# Serenity Yoga Classes

Come along and try your first class for just **£5** on presenting  
this advert

You can be any age, any size and have any experience, or no experience  
at all, here at Serenity you will always be welcomed!

We use relaxation, Hatha, Kundalini and Iyengar influences in our classes  
so there really is something for everyone.

We also offer 1-2-1, corporate and party classes

Please feel free to contact **Bethany** on  
**07930 199582**

You can email me - [serenityyogabethany@outlook.com](mailto:serenityyogabethany@outlook.com)

Or visit my website – [www.serenityyogasuffolk.com](http://www.serenityyogasuffolk.com)

Monday	Wednesday	Thursday	Friday
<b>Woolpit The Room 6.30-7.30 pm &amp; 7.45-8.45 pm</b>	<b>Thorpe Morieux Village Hall 7-8 am Haughley The Green Room 9.30-10.30 am Great Ashfield Village Hall 11.30am -12.30 pm Thorpe Morieux Village Hall 6.45 pm</b>	<b>Great Ashfield Village Hall 9.30-10.30 am  Haughley The Green Room 7.15 pm</b>	<b>Thurston Cavendish Hall 2-3 pm  All classes £6</b>



# Lavenham Physiotherapy

&

# Acupuncture Clinic

A combined Chinese and Western approach to help relieve your pain quickly and prevent it recurring.

Conditions treated include:

- Back pain and sciatica
- Neck pain and whiplash
- Headache
- Shoulder pain
- Elbow and wrist pain
- Hip, knee and ankle pains
- Arthritis
- Rehabilitation



Private treatment is provided in a relaxing and friendly atmosphere by Preston resident Mrs. Hua Sands MSc MCSP MAACP, who has been trained in acupuncture in China and the UK, is qualified as a Physiotherapist to Master's level in the UK, and has worked as a Senior Physiotherapist in the NHS. Treatments depending upon your condition may include exercises, manual therapy, ultrasound and/or acupuncture.

Scientific evidence shows that acupuncture treatment can stimulate the brain and spinal cord to produce natural pain-relieving chemicals such as endorphins, melatonin (which promotes sleep) and serotonin (to promote well-being). Based on strong scientific evidence available so far for its effectiveness, the National Institute for Health and Care Excellence (NICE) recommends acupuncture as a treatment option for chronic lower back pain, chronic tension-type headaches and migraines. Large scientific studies also indicate that acupuncture can help relieve pain caused by osteoarthritis.

"I have found your sessions to be beneficial for my neck...I also found the acupuncture to be incredibly relaxing. Your fees are very reasonable for the high value of therapy you offer." Ben Holden, Rattlesden. See website for more examples of what patients say.

Ring 01787 247 726 or e-mail [Hua@lavenhamphysio.co.uk](mailto:Hua@lavenhamphysio.co.uk) to book an initial appointment. For more information, see [www.LavenhamPhysio.co.uk](http://www.LavenhamPhysio.co.uk)



## BOOK REVIEWS

### **The Pumilio Child** by Judith McInerney

The Pumilio Child is an extraordinary story of a young girl's resilience to danger, cruelty and hardship. In weaving her story through two very different cultures in 15<sup>th</sup> Century China and Venice the author enables us to glimpse those far off times with intriguing tales of a practice seldom or never heard of. Pumilio is a word I found hard to grasp before I finished reading the book, but I cannot forget it now. The story is full of suspense, male aggression and ambition and female subtlety. In spite of her faults you want our heroine to succeed. A very readable book from the onset. Could not put it down. Well done Judith McInerney for such a brilliant historical novel. All proceeds from this debut novel will go to charity.

JM

### **Sapiens: A Brief history of Humankind** by Yuval Noah Harari

Did history really “do it for you” at school or was it a slight disappointment? This book might have done the job better. Through anthropology, pre-history, economic and cultural change the history of the species is spelt out in clear and informative detail. The reader feels he understands our species a lot better for reading (Vintage, U.K., 2011). Perhaps the book could have been shortened (it's over 500 pages) by saving the last few, philosophical, chapters for a separate book, but all in all well worth the effort.

JT

## COOKS CORNER

Having enjoyed an excellent lunch, I persuaded our hostess (LB, Whelp Street) to share the secret of delicious - yes, delicious! - cabbage. JT

### Cabbage de Luxe

Turn boring old cabbage into something luxurious (well almost!). It's not often you see the words cabbage and luxurious in the same sentence!

Skill needed – hardly any, provided you can cook cabbage and make a sauce. It's easy peasy.....

Amounts depend on how many you are cooking for, but you will need:

A quantity of cooked white cabbage  
A quantity of white sauce, seasoned to taste  
Breadcrumbs  
An ovenproof dish

Simply mix the cabbage and white sauce. There should be enough sauce to coat the cabbage really well. Put the mixture into an oven proof dish and cover with breadcrumbs. For best results use Panko breadcrumbs. Drizzle the top with a little olive oil and oven cook until the top is golden and crispy.

Et Voilà! Posh cabbage!



### AGRICULTURE NOTES

In our rural idyll it is easy to forget we are surrounded by industry – and an industry in a constant state of uncertainty and dependence on the weather. Gary Elsdon says this Spring has been so much better than last Spring and they have drilled for barley, sugar beet and maize. However, there is currently a slight drought and land drains have not gushed for some time. 28mm of rain in early May was “a godsend”. Last harvest’s grain is now being delivered and will be tested for protein content. If this is high enough it will be used for brewing or milling. If not, it will be animal feed! JT

### NATURE NOTES

The baby barn-owls featured in the October/November issue had a loyal Mum and Dad: they are back at the same local nest-site as last year. Let’s hope they are as successful in rearing one of Britain’s favourite birds.

### NEWS FROM THE NEIGHBOURS

#### **Brent Eleigh**

Our Flower & Crafts Festival at St Mary’s Church over the first Bank Holiday weekend in May raised an amazing £1023, and we were delighted by the numbers who came from surrounding villages as well as our own; thank you for all your support.

Spring Quiz; 10 tables were taken for 70 contestants on 18th May, who enjoyed an Italian themed meal in the interval; several local villages were represented. The Cock Inn won this time, and we will be having another match in the Autumn!

Next.....

Tai Chi Classes; on every Tuesday afternoon at 2.30pm, Richard our tutor from Hadleigh is teaching us the techniques of this relaxing but stimulating exercise regime; no membership or 'joining up' necessary, just £8 per session, bring flat shoes, wear loose clothing; in the Village Hall, call Karen on 07401242179 for more details. Just come along.

'Len's War'; on Thursday 20th June at 3pm, Len Manning, who served as Rear Gunner in a Lancaster Bomber, will be giving a first-hand account of what it was really like; tickets £5 pp inc tea, beforehand from Karen as above preferably, (or there may be space on the day at the door).

'Shanty Folk'; on Saturday 23rd June, a performance by the local group at St Mary’s Church in Brent Eleigh, of sea shanties and folk songs, 3pm. Tickets at £7.50 adults and £5 for children under 16, (including interval tea), call Michael Warner on 01787 247615 beforehand, or pay at the door. The chance to join in too!

#### **Reported in “The Sun” 25<sup>th</sup> April 2019**

Bruce Masters has visited 51,712 pubs since 1960 and kept notes on all those visits. In a two-page spread he reveals to “The Sun” the top 50 of those pubs. They include at number 27, “The Cock”, Brent Eleigh. James and Debi must be so proud. Great work, both! JT

**JUNE & JULY 2019**

## **PRESTON ST MARY PARISH COUNCIL**

[web: prestonstmary.suffolk.cloud](http://web:prestonstmary.suffolk.cloud)

There are no minutes of ordinary meetings to report in this edition.

Preston St Mary Parish Council will be meeting on the following dates during the rest of 2019:

24<sup>th</sup> September 2019

29<sup>th</sup> October 2019

Other meetings may be called to discuss specific issues, for example urgent planning matters.

All members of the Public are welcome to come along to the meetings, which are held at 7.30pm in the Village Hall. Details of the Agenda for each meeting can be seen on the village notice boards, and on the website at [prestonstmary.suffolk.cloud](http://prestonstmary.suffolk.cloud)

If at any time there are any matters you wish to raise please contact the Parish Clerk:

Nicola Smith at [prestonpcclerk@gmail.com](mailto:prestonpcclerk@gmail.com)

## **NOT THE PRESTON ST MARY PARISH COUNCIL**



# JUNE & JULY 2019

## UNITED BENEFICE OF LAVENHAM WITH PRESTON ST MARY

**Rector: The Revd. Stephen Earl**

The Rectory, Church Street, Lavenham, Sudbury, CO10 9SA Tel: 01787 247244

**Curate: The Revd. Elke Cattermole**

Over Hall, Bures St Mary, CO8 5BN Tel: 07957 419055

**Curate: The Revd. Captain Paul Tyler**

7 Weavers Close, Lavenham, Sudbury, CO10 9QN Tel: 01787 829788

**Reader: Mr Pete Postle**

7 Hall Road, Lavenham, Sudbury, CO10 9QU Tel: 01787 248564

### CALENDAR OF BENEFICE SERVICES FOR JUNE 2019

SUNDAY 2nd June	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
<b>EASTER 7</b>	LAVENHAM	10.15AM	MORNING WORSHIP
	PRESTON	12.00 NOON	ROGATION FARM WALK AND BBQ AT PRIORY FARM
SUNDAY 9th June	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
<b>PENTECOST</b>	LAVENHAM	10.15AM	ALL AGE FAMILY SERVICE
	PRESTON	6.00PM	HOLY COMMUNION (BCP)
SUNDAY 16th June	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
<b>TRINITY</b>	LAVENHAM	10.15AM	PARISH COMMUNION
	PRESTON	6.00PM	EVENSONG
THURSDAY 20th June	LAVENHAM	10.00AM	HOLY COMMUNION
<b>CORPUS CHRISTI</b>			
SUNDAY 23rd June	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
<b>TRINITY 1</b>	LAVENHAM	10.15AM	PARISH COMMUNION
	PRESTON	6.00PM	HOLY COMMUNION
SUNDAY 30th June	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
<b>TRINITY 2</b>	LAVENHAM	10.15AM	PARISH COMMUNION
	PRESTON	6.00PM	BENEFICE EVENSONG

#### THE FOLLOWING MID-WEEK SERVICES ARE HELD IN LAVENHAM CHURCH EVERY WEEK

WEDNESDAY (Except 19th June) 10.00AM HOLY COMMUNION

*Note: BCP = Book of Common Prayer (traditional language)*

# JUNE & JULY 2019

## UNITED BENEFICE OF LAVENHAM WITH PRESTON ST MARY

**Rector: The Revd. Stephen Earl**

The Rectory, Church Street, Lavenham, Sudbury, CO10 9SA Tel: 01787 247244

**Curate: The Revd. Elke Cattermole**

Over Hall, Bures St Mary, CO8 5BN Tel: 07957 419055

**Curate: The Revd. Captain Paul Tyler**

7 Weavers Close, Lavenham, Sudbury, CO10 9QN Tel: 01787 829788

**Reader: Mr Pete Postle**

7 Hall Road, Lavenham, Sudbury, CO10 9QU Tel: 01787 248564

### CALENDAR OF BENEFICE SERVICES FOR JULY 2019

SUNDAY 7th July <b>ST PETER &amp; ST PAUL TRINITY 3</b>	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.15AM	PATRONAL FESTIVAL PARISH COMMUNION
	PRESTON	From 11.30am 12.00 NOON	Coffee and Refreshments before PRESTON PRAISE
SUNDAY 14th July <b>TRINITY 4</b>	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.15AM	MORNING WORSHIP
	PRESTON	6.00PM	HOLY COMMUNION (BCP)
SUNDAY 21st July <b>TRINITY 5</b>	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.15AM	PARISH COMMUNION
	PRESTON	6.00PM	EVENSONG
SUNDAY 28th July <b>TRINITY 6</b>	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.15AM	PARISH COMMUNION
	PRESTON	6.00PM	HOLY COMMUNION

### THE FOLLOWING MID-WEEK SERVICES ARE HELD IN LAVENHAM CHURCH EVERY WEEK

WEDNESDAY	10.00AM	HOLY COMMUNION
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*Note: BCP = Book of Common Prayer (traditional language)*